

Marilyn Parras

EDUCATION

Doctoral Student in Public Health DrPH comp exam completion, Aug. 2010
Loma Linda University, School of Public Health
Dissertation: Factors that Influence Influenza Vaccination Compliance Among Nurses

Masters of Science, Nursing May 2000
California State University, Long Beach
Master's Project: Stress Factors and Effective Management

Masters of Public Health May 2000
California State University, Long Beach
Master's Project: Stress Factors and Effective Management

TEACHING EXPERIENCE

Lecturer May 2003; Sept. 2005 - Present
School of Nursing, California State University, Fullerton

- Taught community health clinical course concepts by allowing the students to experience public health nursing through hands-on experience, observations, critical thinking, and utilization of projects that enhanced application of theoretical learning to clinical applications.
- Taught community health theoretical course by exposing the students to various public health theories, models, concepts, history of public health and explained the importance of epidemiology and communicable diseases as it relates to the field of public health and nursing.

Assistant Professor June, 2000 – August 2005
School of Nursing, Pacific Union College

- Taught community health nursing theoretical and clinical course to students using powerpoint lectures, videos, hands on experience and role play modalities.
- Taught health education course by teaching students various health education models, theories, how to determine health education brochure for appropriate content, reading level, and appropriateness of contents for intended audience.
- Taught nursing management course by discussing issues of management, task orientations, time efficiency, disciplining of staff, and how to conduct appropriate staff evaluations, and conducting interviews.

Graduate Assistant

California State University, Long Beach; CCC January, 1998 - June, 1999
Pacific Union College September, 1999-May, 2000

- Participated in teaching nursing students at Pacific Union College as part of a graduate work and learning the roles and duties of teaching.
- Worked on creating a health curriculum for California Conservation Corps (CCC) on various health topics such as stress, asthma, and hygiene.

MEMBERSHIP & HONORS

Sigma Theta Tau – California State University, Long Beach Sept. 2000

Phi Kappa Phi – California State University, Long Beach	May, 2000
Graduated Magna Cum Laude – California State University, Long Beach	May, 2000
Received Governor’s Award for Curriculum & Volunteer Excellence	June, 1999

COMMUNITY WORK

White Memorial Medical Center June, 1998

- Taught English as a Second Language to Spanish Speaking employees by using cartoon images which contains hospital equipment and words to utilized to convey information to staff and employees.

Whittier Seventh-day Adventist Church October 2001 – Present

- Position: Health Director
A volunteered position that includes planning health topics and presenting the health content during the first service of church. Organized a one-hour program on a monthly basis by scheduling various speakers to speak on health topics. Spoke on various occasions on health related matters that includes subject matter such as stroke, high and low fibers, diabetes, hypertension, lipid fats, foods containing high sugar and importance of drinking water.
- Position: Church clerk October 2010 – Present
This involves scheduling meetings with the church pastor and membership committee to discussed issues of members transferring in and out of church. Duties include taking minutes during various meetings such as Sabbath School councils and church board meetings. Other duties also include signing baptismal certificate and entering dates of when members get baptized, transferring in and out of church, and analyzed statistical and reported data as received on a monthly basis.
- Position: Board Member October 2001 - Present
Attend bi-monthly meeting and responsible for taking meeting minutes. Provide updated report on memberships using statistical report which includes discussion on members needing transfers from one church to another Seventh-Day Adventist Church. Schedule meeting with membership committee and church minister. The outcome of the meetings are reported to church board members. Participated in discussion of church financial project, planning, implementation of church programs, evaluation and voted on various issues.
- Position: Photographer
Capture church photos during social events and baptisms.

SKILLS

- Knowledgeable of computer skills and use of various computer programs which includes the utilization of Microsoft word, powerpoint, one-note, excel, outlook, blackboard, and titanium. Knowledgeable and able to use SPSS program for research data.
- Able to articulate and communicate effectively both in written and oral format.

HOBBIES

- Enjoys hiking, nature walks, photography, and reading.