# **CURRICULUM VITAE**

Name:	Kristina Fortes, MSN			
EDUCATION				
2015 - present	Wilkes University	DNP		TBD
2008 - 2011	Sonoma State University	MSN-FNP		n/a
1994 - 2004	CSU Stanislaus	BSN		n/a
1991 - 1994	San Joaquin Delta College	ADN	Nursing	n/a
LICENSES, C	ERTIFICATION			
2/2016	Board certification Gerontological Regist	tered Nurse (RN	-BC)	
9/2012	Board certified Hospice and Palliative Ac	dvanced Practice	Nurse (ACHF	'N)
11/2011	DEA licensure			
8/2011	Board certified family nurse practitioner			
5/2011	Family Nurse Practitioner 20959			
4/2011	Advanced cardiac life support instructor	(ACLS)		
2008	Trauma Nurse Core Course (TNCC) rec	ert		
2004	Trauma Nurse Core Course (TNCC) rec	ert		
2002	CCRN recert			
2000	Trauma Nurse Core Course (TNCC) rec	ert		
1999	CCRN recert			
1996	CCRN			
1996	Trauma Nurse Core Course (TNCC)			
1994	Registered Nurse Licensure 502899			
PRINCIPAL P	OSITIONS HELD			

6/2015 - 5/2016	University of California San Francisco	Nurse Per diem	MEPN program
6/2013 - 4/2015	California State University Stanislaus	Full time lecturer/nursing	ASBSN
1/2011 - 5/2013	Chabot College	Clinical instructor	ADN Nursing

## **OTHER POSITIONS HELD CONCURRENTLY**

10/2011 - present	Adventist Lodi Memorial Hospital	Nurse Practitioner	Palliative Care
9/2006 - 10/2011	Valleycare Regional Health System	RN	Emergency Room, Cath Lab
2004 - 2006	Sutter Tracy Community Hospital	RN	Emergency Room
2001 - 2004	John Muir Medical Center	RN	Trauma, ER
1999 - 2001	San Ramon Regional Medical Center	RN	ICU
1995 - 1999	Mercy General Hospital	RN	ICU ER float Telementry floor
1996 - 1998	Stanford Life Flight	RN	Flight/Trauma
1994 - 1996	St Josephs Hospital	RN	telementry floor Resp ICU

## **KEYWORDS/AREAS OF INTEREST**

Palliative care Nursing Education Pain management Chronic Disease management Physical Assessment

### **CLINICAL ACTIVITIES SUMMARY**

Developed hospital wide Pain Management Pathway

#### **MEMBERSHIPS**

- 2011 present Center to Advance Palliative Care (CAPC) member
- 2012 present Hospice and Palliative Care Nursing Association member
- 2011 present California Association of Nurse Practitioners (CANP) member

#### **INVITED PRESENTATIONS - NATIONAL**

### **INVITED PRESENTATIONS - REGIONAL AND OTHER INVITED PRESENTATIONS**

2012 California Hospice and Palliative Cara Association (CHAPCA) Poster presentation

### CONTINUING EDUCATION AND PROFESSIONAL DEVELOPMENT ACTIVITIES

- 2016 UC-wide Health Sciences Leadership Development Conference attendee
- 2015 Centers to Advance Palliative Care (CAPC) annual conference attendee

- 2015 Pain Week national conference attendee/presenter
- 2013 Pain Week national conference attendee
- 2013 Harvard University Palliative Care conference attendee
- 2012 California Hospice and Palliative Care Association annual conference attendee/presenter
- 2012 End of Life Nursing Consortium (ELNEC) attendee
- 2012 Pain Week National conference attendee
- 2011 Center to Advance Palliative Care annual conference attendee

### SERVICE ACTIVITIES SUMMARY

As this is my first academic appointment, I haven't previously had opportunities to provide University or Department service. I anticipate being provided those opportunities in this new position, as well as in Public and Community Service.

# SERVICE AT OTHER UNIVERSITIES

2013 - 2015 Med Surg Faculty Committee

CSU Stanislaus

## TEACHING SUMMARY

- 2010 New medical surgical clinical teacher at a Junior College ADN program. Found my skills at lecture and assisting in skills (fundamentals) lab in addition to clinical work.
- 2013 Granted on didactic course in Health Assessment at an accelerated BSN program. Learned to create syllabus and weekly course work as well as computer based testing (Blackboard). After this, progressed to 3 courses didactic (health assessment, adult health I, and fundamentals), 2 medical surgical clinical the following semester.
- 2015 Began working with MEPN program as a CI for adult medical I & II surgical clinicals and CASS lab instruction. Really enjoyed the CASS lab experience as it provided me the ability to participate in didactic once again and utilize my health assessment teaching background.

Not UCSF	Academic Yr	Course No. & Title	Teaching Contribution	School	Class Size
х	2010 - 2012	Nursing 55	Skills Lab asst instructor Clinical M/S instructor	Nursing	60
х	2013 - 2014	Nursing 2000 Health Assessment	N2000 Sole didactic and skills lab instructor	Nursing	30
х	2013 - 2014	Nursing 4830 Prelicensure clinical practicum	Clinical instructor	Nursing	7
x	2014 - 2015	Nursing 4810 Adult Health Nursing II Clinical	Clinical Instructor	Nursing	10

# FORMAL TEACHING

Not UCSF	Academic Yr	Course No. & Title	Teaching Contribution	School	Class Size
Х	2014 - 2015	Nursing 2000 Health Assessment	N2000 Sole lecturer/skills	Nursing	30
Х	2014 - 2015	Nursing 2900 Adult Health I Nursing	Sole lecturer for didactic	Nursing	30
Х	2014 - 2015	Nursing 2820 Foundations of Clinical Nursing Practice	Co instructor for didactic and skills	Nursing	30
х	2014 - 2015	Nursing 2910 Adult Health Nursing I Clinical	Clinical instructor	Nursing	10
	2015 - 2015	MEPN Nursing 142a	Clinical instructor	Nursing	8
	2015 - 2016	MEPN Nursing 144a	Clinicial Instructor	Nursing	7
	2015 - 2015	MEPN Nursing 142b CASS Lab clinical teaching asst	Clinical Instructor	Nursing	60
	2016 - 2016	MEPN Nursing 142	Assistant Clinical Prof	Nursing	66
	2016 - 2016	MEPN Nursing 145	Co FOR	Nursing	65
	2016 - 2016	MEPN Nursing 142B CASS lab	Co FOR	Nursing	66
	2016 - 2016	Pharmacology N 232.02	FOR	Nursing	165
	2016 - 2016	MEPN Nursing 142a- Clinical coordinator	co-FOR	Nursing	66

### **RESEARCH AND CREATIVE ACTIVITIES SUMMARY**

Most of my research has been in pain and palliative care of recent. I am fascinated with proper chronic disease management and education of patients and their families. Most recently, I have reviewing the literature regarding frailty and how healthcare providers are overlooking this diagnosis and its impact on quality of life in our aging population.

For my dissertation, I am taking my interest in palliative care and evaluating of knowledge base of nurses in long term care settings, both newly graduated and experienced nurses. My hope is to empower nurses in this setting to have delicate but necessary conversations with their patients about quality of life and advanced care planning.

#### OTHER PUBLICATIONS

- 1. Doctoral dissertation topic: Improving Palliative Care Education in Nurses
- 2. Pain Assessment in the Nonverbal Patient-revision submitted-pending approval

## **OTHER CREATIVE ACTIVITIES**

- Proper Utilization of Adjunctive Medications in Chronic Pain Management-Poster presentation Pain Week Annual Conference, Las Vegas
- 2. Chronic Disease Management in the Outpatient Geriatric Setting Poster Presentation CHAPCA annual conference, San Jose