

**California State University, Fullerton
School of Nursing**

CURRICULUM VITA

Name: Sadeeka Al-Majid, PhD, RN

Rank: Professor

Date of Appointment: August 21, 2008

Educational Preparation:

Date	Degree	Institution	Major	Areas of concentration/ specialization
12/2000	PhD	University of Wisconsin-Madison	Nursing	Exercise Physiology
12/1992	MSN	University of Wisconsin-Madison	Nursing	
7/1988	BSN	College of Health Sciences-Bahrain	Nursing	
7/1981	Diploma	College of Health Sciences-Bahrain	Teaching	
7/1979	ADN	College of Health Sciences-Bahrain	Nursing	

Professional Licenses/Certificates:

Date	Title	Source
8/2000	Registered Nurse	Board of Nursing/Florida
12/2000-2009	Registered Nurse	Board of Nursing/Virginia
5/2008-present	Registered Nurse	Board of Nursing/California

Employment History

Academic:

Date	Position	Institution
08/2008-present	Associate Professor	California State University-Fullerton
01/2001-07/2008	Assistant Professor	Virginia Commonwealth University
Aug 1997-Dec 2000	Teaching assistant/ Research assistant	University of Wisconsin-Madison
Aug,1981-June, 1986	Clinical instructor	College of Health Sciences-Bahrain
Aug, 1988-Dec,1991	Lecturer	College of Health Sciences-Bahrain

Clinical/Professional:

Date	Position	Institution
July, 1979-July 1980	Staff Nurse	Salmaniya Medical Center-Bahrain

Academic Instruction-Courses Taught

Session/Semester	Course Number / Title	Weighted Teaching Units
Fall, 2008	NUR 323-Integrated Pathophysiology & Pharmacology	4
	NURS 321L-Health Assessment Laboratory	2
Spring, 2009	NURS 324-Cultural Diversity in Health and Illness-01	3
	NURS 324-Cultural Diversity in Health and Illness-02	3
	NURS 505B-Research Seminar & Evidence-Based Practice	3
Summer, 2009	NURS 505B-Research Seminar & Evidence-Based Practice	3
Fall, 2009	NURS 323-Integrated Pathophysiology & Pharmacology	4
	NURS 321L-Health Assessment Laboratory	2
Summer, 2010	NURS 540-Advanced Pathophysiology	2
	NURS 505B-Research Seminar & Evidence-Based Practice	3
Spring 2010	NURS 505B-Research Seminar & Evidence-Based Practice-02	3
	NURS 505B-Research Seminar & Evidence-Based Practice-50	3
	NURS 450-Nursing Research	2
	NURS 450-Nursing Research Lab	1
Fall, 2010	NURS 597A-Maters Project	2
	NURS 505A-Nursing Research and Evaluation for Practice	3
	NURS 450-Nursing Research	3
	NURS 323-Integrated Pathophysiology & Pharmacology	5
Spring 2011	NURS 597B-Masters Project	2
	NURS 505B-Research Seminar & Evidence-Based Practice	3
	NURS 450-Nursing Research	3
Summer, 2011	NURS 450-Nursing Research-Section 50	3
	NURS 450-Nursing Research-Section 51	3
Fall 2011	NURS 597A-Masters Project	2
	NURS 450-Nursing Research	3
	NURS 323-Integrated Pathophysiology & Pharmacology	5

Spring 2012	NURS 597B-Masters Project	2
	NURS 505B-Research Seminar & Evidence-Based Practice-01	3
	NURS 450-Nursing Research-Section 01	3
	NURS 450-Nursing Research-Section 02	3
Summer 2012	NURS 450-Nursing Research-Section 50	3
	NURS 450-Nursing Research-Section 51	3
Fall 2012	NURS 597A-Masters Project	2
	NURS 540-Advanced Pathophysiology for Nursing Practice	2
	NURS-Integrated Pathophysiology and Pharmacology	5
	NURS 310-Nursing Research and Evidence Based Practice	3
Spring 2013	NURS 697B-Doctoral Project	1
	NURS 597B-Masters Project	2
	NURS 505B-Research Seminar & Evidence-Based Practice-01	3
	NURS 345-Advanced Concepts II	3
Summer, 2013	NURS 310-Nursing Research and Evidence Based Practice	3
	NURS 310-Nursing Research and Evidence Based Practice	3
Fall 2013	NURS 697B	1/2
	NURS 597A-Masters Project	3
	NURS-323 Integrated Pathophysiology and Pharmacology	5
	NURS 310-Nursing Research and Evidence Based Practice	3
	NURS 310-Nursing Research and Evidence Based Practice	3
Spring 2014	NURS 697C-Doctoral Project	
	NURS 697B-Doctoral Project	1
	NURS 597B-Masters Project	2
	NURS 310-Nursing Research and Evidence Based Practice	3
	NURS 310-Nursing Research and Evidence Based Practice	3
Summer, 2014	NURS 310-Nursing Research and Evidence Based Practice	3
Fall, 2014	NURS 697B-Doctoral Project	1/2
	NURS 597A-Masters Project	2
	NURS-323 Integrated Pathophysiology and Pharmacology	5
	NURS 310-Nursing Research and Evidence Based Practice	3
Spring 2015	NURS 697C	1/2
	NURS 597B-Masters Project	2
	NURS 505B-Research Seminar & Evidence-Based Practice-01	3

	NURS 505B-Research Seminar & Evidence-Based Practice-01	3
	NURS 310-Nursing Research and Evidence Based Practice	3
Summer, 2015	NURS 310-Nursing Research and Evidence Based Practice	3
Fall 2015	NURS 597A-Masters Project	3
	NURS 505A-Nursing Research and Evaluation	3
	NURS 345- Advanced Concepts II-Pathophysiology	3
	NURS 310-Nursing Research and Evidence Based Practice	3

Scholarly/Creative Activities

Publications (separate peer-reviewed from non-peer-reviewed):

Peer-reviewed:

Al-Majid, S., Wilson, L., Rakovski, C., & Coburn, J. (2015). Effect of exercise on biobehavioral outcomes of fatigue: results of a feasibility study. *Biological Research for Nursing, 17*(1), 40-8. doi: 10.1177/1099800414523489

Winokur, E., Pai, D., Rutledge, D. N., Vogel, K., **Al-Majid, S.**, Marshall, C., & Sheikewitz, P. (2014). Blood culture accuracy: Discards from central venous catheters in pediatric oncology patients in the emergency department. *Journal of Emergency Nursing, 40*(4), 323-9. doi: 10.1016/j.jen.2013.04.007.

Wilson, L. D., **Al-Majid, S.**, Rakovski, C. S., Schwindt, C. D. (2012). Higher IL-6 and IL-6:IGF ratio in patients with Barth Syndrome. *Journal of Inflammation, 9*(1):25. doi: 10.1186/1476-9255-9-25.

Al-Majid, S., Al-Majed, H., Rakovski, C. S., Otten, R. A. (2012). Nurses' perceptions of and participation in continuing nursing education: Results from a study of Psychiatric Hospital Nurses in Bahrain. *The Journal of Continuing Education in Nursing, 43*(5), 230-40. doi: 10.3928/00220124-20120103-01

Otten, R., Wickman, M., & **Al-Majid, S.** (2011). Helping busy educators become gero-savvy: An approach to developing faculty geriatric experience. *Nurse Educator, 36*(3), 118-123. doi: 10.1097/NNE.0b013e3182161221.

Al-Majid, S., & Gray, D. P. (2009). A biobehavioral model for the study of exercise interventions in cancer-related fatigue. *Biological Research for Nursing, 10*(4), 381-391. doi: 10.1177/1099800408324431.

Al-Majid, S. & Waters, H. (2008). The biological mechanisms of cancer-related skeletal muscle wasting: the role of progressive resistance exercise. *Biological Research for Nursing, 10*(1), 7-20.

McCarthy, DO., Whitney, P., Hitt, A., & **Al-Majid, S.** (2004). Indomethacin and ibuprofen

preserve gastrocnemius muscle mass in mice bearing the Colon-26 Adenocarcinoma, *Research in Nursing and Health*, June, 27(3), 174-184.

Diffie GM, Kalfas K, **Al-Majid S**, McCarthy DO. (2002). Altered expression of skeletal muscle myosin isoforms in cancer cachexia. *American Journal of Physiology: Cell Physiology*, 283(5):C1376-82.

Al-Majid, S. & McCarthy DO. (2001). Cancer-induced fatigue and skeletal muscle wasting: The role of exercise. *Biological Research for Nursing*, 2 (3), 186-197.

Al-Majid, S. & McCarthy DO. (2001). Resistance exercise training attenuates wasting of the extensor digitorum longus muscle in mice bearing the colon-26 adenocarcinoma. *Biological Research for Nursing*, 2 (3), 155-166.

Research & Grants

Sorkin, D & **Al-Majid, S.** Mi Salud, Mi Vida: A Self-Discovery Tool for Latina Breast Cancer Survivors (NIH/NCI P20 CA174292 and P20 CA174188, Tanjasiri & Hubbell (Multiple PI), 2012-2016.

Al-Majid, S. Effect of endurance exercise on biobehavioral outcomes of fatigue. Oncology Nursing Society, **\$45,000, 2007-2011.**

Al-Majid, S. Competitive pilot study entitled "Exercise Training and Fatigue in Women with Breast Cancer" National Institute of Health, funded under the Center for Biobehavioral Research, **2003** (NIH, # P20 NR008988-01, McCain, Project Director)

Al-Majid, S. Effect of exercise on cancer-related muscle wasting in tumor bearing animals. Oncology Nursing Society, \$8,500, 2000.

Al-Majid, S. Effects of Resistance Exercise Training on Muscle Mass and Muscle Protein Content in Rats. Sigma Theta Tau, International, **\$500, 1998.**

Al-Majid, S. Effects of Moderate Intensity Exercise on Muscle Protein Metabolism in Tumor Bearing Rats. Sigma Theta Tau, International, **\$2000, 1997.**

Presentations:

Castrejon, S. & **Al-Majid, S.** Exercise as an adjunct treatment in the management of clinical depression. A poster presented at the 7th Research Conference, Long Beach, CA, May 7, 2015.

Vuncanon, B., **Al-Majid, S.,** & Carlson, N, Gorman, N. Effect of Offloading Heels on Sacral Pressure. A poster presented at the 7th Annual Nursing Research Council of Long Beach Memorial and Miller Children's & Women's Hospital Long Beach, Long Beach, CA, May 7, 2015.

Vuncanon, B., **Al-Majid, S.**, & Carlson, N, Gorman, N. Effect of Offloading Heels on Sacral Pressure. A poster presented at the AORN Surgical Conference and Expo, Denver, CO March 7-11, 2015.

Al-Majid, S., Wilson, L. D., Coburn, J. W., Rakovski, C. S. Effect of Exercise on Biobehavioral outcomes of fatigue. A paper presented (Podium) at the 45th Annual WIN Communicating Nursing Research Conference, Portland, OR, April 18-20, 2012.

Al-Majid, S., Coburn, J. W., Wilson, L. D. Effects of an exercise program on aerobic fitness in women receiving chemotherapy for breast cancer. A poster presented at the South Western American College of Sports Medicine conference, Reno, NV, October 20th, 2011.

Al-Majid, S., Rakovski, C. S. Effect of exercise on cancer-related fatigue and quality of life. A paper presented (Podium) at the Joint Southern California STTI Chapters' Conference - Nursing Odyssey, Cerritos, CA, October 21, 2011

Al-Majid, S., Gray, D. P., Pidcoe, P., & Schubert, C. Feasibility of an endurance exercise intervention in women undergoing chemotherapy for early stage breast cancer. A poster presented at the 10th National Conference on Cancer Research, Orlando, FL., February 12-14, 2009.

This poster was also presented at Upsilon Beta Chapter Sigma Theta Tau International spring induction ceremony and poster presentation, Fullerton, CA, April 18, 2009

Al-Majid, S., Gray, D. P., & McCain, N. L. A Biobehavioral Model for the Study of Exercise Interventions for Cancer-related Fatigue. A poster presented at the 9th National Conference on Cancer Nursing Research, Hollywood, CA, February 8-10, 2007.

Al-Majid, S., Gray, D. P., & McCain, N. L. A Biobehavioral Model for the Study of Fatigue in Women with Breast Cancer. A poster presented at the 20th Southern Nursing Research Society meeting in Memphis, TN, February **2006**.

McCarthy, D. O., **Al-Majid, S.**, Briones, T. L., Piano, M., Holden, J. "Animal Models of Clinical Phenomena in Nursing Research". Pre-conference workshop. Midwest Nursing Research Society, Milwaukee, WI., April **2006**.

McCarthy, DO., Whitney, P., & **Al-Majid, S.** Indomethacin Preserves Muscle Mass but Increases Ubiquitin-Conjugated Proteins in Gastrocnemius Muscle of Mice inoculated with the Colon-26 Adenocarcinoma. A poster presented at the 2nd Cachexia Conference, Berlin, Germany, **2003**.

McCarthy, DO., & **Al-Majid, S.** Electrically Stimulated Resistance Exercise Increases Protein Content but does not Increase p70s6 Kinase in Gastrocnemius Muscle of Tumor Bearing Mice. A poster presented at the 2nd Cachexia Conference, Berlin, Germany, **2003**.

Al-Majid, S. Effect of Cyclooxygenase Inhibition on Body Weight and Muscle Mass in Mice Bearing the Colon-26 Adenocarcinoma. A paper presented (Podium) at MNRS meeting in

Chicago, IL. March **2002**.

Al-Majid, S. Effect of Resistance Exercise Training on Muscle Mass and Muscle Protein Content in Tumor Bearing Mice. A paper presented (Podium) at MNRS meeting in Cleveland, OH, March **2001**.

Service

School of Nursing Committees and Task Forces:

1. Department Personnel Committee-2014-present
2. School of Nursing Bylaws Task Force-2013
3. Chair of Search Committee-Fall 2012-2014
4. Chair of Evaluation Committee, 2011-2012
5. Curriculum Re-design/Implementation Task Force (2010-2012)
6. "Director of Nursing" Search Committee 2010-2011
7. Search Committee Fall 2009-2014
8. Evaluation Committee-Fall 2009-2013.
9. Graduate Program Committee- 2009
10. Graduate admission and Progression Committee- 2008
11. Simulation Laboratory ad hoc Committee- 2008

College of Health and Human Services

1. The 2015 HHD Junior/Senior Intramural Grants Committee
2. Curriculum Committee-2013-2014
3. Dean Advisory Committee 2010-2012
4. CHHD Scholarship Committee-2013
5. CHHD Scholarship Committee-2009
6. Biobehavioral Center Grant Proposal Task Force-

Profession

1. Manuscript reviewer for Biological Research in Nursing Journal (2-3 manuscripts/year)
2. Manuscript review for the Oncology Nursing Forum, 2006-Present (3-4 manuscripts/year)
3. Manuscript reviewer for the Journal of Clinical Nursing, 2012-present (0-1 manuscript/year)
4. Grant reviewer for the United Kingdom Cancer Research, 2005-Present (0-1 grant proposal/year)
5. Grant/proposal reviewer for the National Cancer Institute, 2010-present (0-1/year concepts/proposals per year)
6. Poster reviewer, the Joint Southern California STTI Chapters' Conference - Nursing Odyssey, Cerritos, CA, October 21, 2011
7. Doctoral Students' poster reviewer, the 10th National Cancer Research Conference, February 12-14, 2009, Orlando, FA

8. Sigma Theta Tau-Upsilon Beta Chapter-Chair of Research Committee 2013-present
9. Sigma Theta Tau-Upsilon Beta Chapter-Board member, 2009-2010
10. Member, Sigma Theta Tau-Beta Eta member, 1996-present
11. Member, Oncology Nursing Society-Member, 1996-Present

Community:

1. The Orange County Breast & Cervical Cancer Task Force-2013
2. Completed 40 hours of volunteer time as a registered nurse at the VIO Daycare Center for senior adults, July 2009, Santa Ana, CA

Professional Development/Continuing Education

1. Forum for Innovations in Nursing Education-March 22, 2013
2. SLATE Academy- Fall 2012
3. 16th Annual Western Assessment Conference-Enhancing Student Learning Through Formative Assessment-CSUF School of Business-April 27, 2012
4. Fiesta of Teaching and Technology (FDC)- May 5, 2011
5. Forum for Innovations in Nursing Education-April 29, 2011
6. Mentoring I: What you need to know? What you need to do? Webinar-March 24,2011
7. 15th Annual Western Assessment Conference: Student Success through Assessment: Putting the Pieces Together-CSUF School of Business-March 17, 2011
8. Transforming Teaching to Transform Nursing Education (webinar)-March 14, 2011
9. Interpreting Test and Item Analysis Data (webinar)-March 10, 2011
10. Facilitating Active Learning in Large Classes (AACN webinar), April 7, 2010
11. Annual Assessment Conference XIV-Technology, Methods & Improvement: Future Trends in Assessment (CSUF)-March 25, 2010
12. Completed an online course on “Cancer Biology” offered by the Oncology Nursing Society, September 19, 2009
13. Completed an online course on “Cancer Genetics” offered by the Oncology Nursing Society, June 30, 2009.
14. The Thirteenth Annual HealthCare Educator’s Institute, Golden West College, CA, April 20-22, 2009
15. Gerontology Nursing Education Consortium- A workshop on “Preparing Nursing Students to Care for Older Adults: Enhancing Gerontology in Senior-level Undergraduate Courses” April 1- April 3, 2009.
16. Creative Teaching Strategies Workshop-January 20, 2009, Irvine, CA
17. Clickers-An Introduction Workshop, California State University-Fullerton, Faculty Development Center, January 15, 2009

Conferences Attended

1. The Upsilon Beta Chapter Sigma Theta Tau International spring induction ceremony and poster presentation, Fullerton, CA, April 20, 2015
2. The Upsilon Beta Chapter Sigma Theta Tau International spring induction ceremony and poster presentation, Fullerton, CA, April 20, 2014

3. The Upsilon Beta Chapter Sigma Theta Tau International spring induction ceremony and poster presentation, Fullerton, CA, April 20, 2013
4. The 45th Annual Western Institute of Nursing (WIN) Communicating Nursing Research Conference, Portland, OR, April 18-20, 2012
5. The Upsilon Beta Chapter Sigma Theta Tau International spring induction ceremony and poster presentation, Fullerton, CA, April, 2012
6. The Joint Southern California STTI Chapters' Conference - Nursing Odyssey, Cerritos, CA, October 21, 2011
7. South Western American College of Sports Medicine, Reno, NV, October 20th, 2011
8. The Upsilon Beta Chapter Sigma Theta Tau International spring induction ceremony and poster presentation, Fullerton, CA, April, 2011
9. The Upsilon Beta Chapter Sigma Theta Tau International spring induction ceremony and poster presentation, Fullerton, CA, April, 2010
10. The Upsilon Beta Chapter Sigma Theta Tau International spring induction ceremony and poster presentation, Fullerton, CA, April, 2009
11. The 10th National Conference on Cancer Research, Orlando, FL., February 12-14, 2009

Mentored Student Research Projects

Paola Sotelo. *Mi Salud, Mi Vida*: Examining Quality of Life and Health Behaviors of Latina Breast Cancer Survivors, a poster presented at UCI Research Day, Irvine, CA, 2015

Nicole Ulgado. Design and Development of an mHealth Application: Discovering the Specific Needs and Values of Latina Breast Cancer Survivors, a poster presented at UCI Research Day, Irvine, CA, 2015

Honors/Awards:

1. Outstanding Teaching Award, CSUF, 2013-2014
2. Nominated for the DAISY teaching excellence, 2013
3. Nominated for the DAISY teaching excellence, 2012
4. Probationary Faculty Stipend (\$6500) to support scholarly activities-California State University-Fullerton, 2009.
5. Poster Award, The 10th National Conference on Cancer Research, Orlando, FL., February 12-14, 2009
6. Junior Investigator Research Award, School of Nursing, Virginia Commonwealth University. 2004