

CURRICULUM VITAE
Dana Nelson Rutledge, PhD, RN
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EDUCATION

<u>Institution</u>	<u>Date</u>	<u>Degree</u>
Depauw University Greencastle, IN	1976	Bachelor of Science in Nursing
University of Kentucky	1980	Master of Science in Nursing (Adult Health Nursing/Education)
University of Texas at Austin	1985	Doctor of Philosophy (Nursing/Research)

PROFESSIONAL EXPERIENCE

1976-79	Staff nurse, Methodist Hospital Indianapolis IN; Norton Children's Hospital Louisville KY
1980-83	Instructor, Adult Health Nursing, Vanderbilt University School of Nursing (VUSN) Nashville TN
1983-84	Staff nurse, VAMC Nashville TN
1985-90	Lecturer in Nursing, VUSN
1987-88	Co-coordinator, Graduate Oncology Track VUSN
1988-90	Project Director, Drug-Induced Shivering Vanderbilt University Center for Nursing Research (NCNR 1 RO1 NR01 890-01)
1990-91	Research Assistant Professor, VUSN
1990-91	Director of Nursing Research, Vanderbilt University Medical Center
1992-94	Project Coordinator, Orange County Research Utilization in Nursing Project Irvine CA
1996-2002	Project Associate, California Strategic Planning Committee for Nursing, Irvine CA
1991...	Self-employed Nurse Consultant, Irvine CA
2002-2003	Lecturer in Nursing, California State University at Fullerton (CSUF)
2003-2008	Associate Professor of Nursing, CSUF
2004-2012	Nursing Research Facilitator, St. Joseph Hospital, Orange CA (20%)
2006...	Director of Research, Fibromyalgia & Chronic Pain Center (CSUF)
2008...	Professor of Nursing, CSUF (Emeritus, 2015)
2012...	DNP Coordinator CSUF, Southern CA CSU DNP Collaborative

HONORS/AWARDS

1985. Inducted Sigma Theta Tau, National Honor Society for Nursing.
- 1988 Deans' Award for Recognition of Faculty Achievement in Scholarly Endeavors, Vanderbilt University School of Nursing.
- 1994 Excellence in Research Award, Gamma Tau Chapter, Sigma Theta Tau International.
- Mentor, *Clinical Journal of Oncology Nursing* Mentor/Fellow Writing Program, 2001.
- Distinguished Lecturer, Cancer Institute of New Jersey, "Evidence Based Practice at a Cancer Center," 3/28/03.
- Keynote Speaker, Scripps Cancer Center's 23rd Annual Nurses Symposium, "Evidence-Based Practice: What Does it Mean to Cancer Nurses?" La Jolla, CA, 10/27/03.
- 2004 Recognition for Outstanding Scholarship & Creative Activity (resulting in highest quality, peer reviewed journal articles), Department of Nursing, CSUF.
- 2004 Congress Scholarship Award (Sanofi-Synthelabo, INC), ONS Foundation, \$1000.
- Nominee, ONS/Roche Laboratories Distinguished Service Award, August 2005
- Clinical Scholar, UCLA 5th Annual Evidence-Based Practice Conference, "Creating Enthusiasm and Motivation for Evidence-Based Practice Changes" Los Angeles, 4/27/06.
- 2006 Faculty Scholar Award for College of Health and Human Development (CSUF), \$1000.
- 2007 Elynn Bushkin Friend of the Foundation Award, Oncology Nursing Society Foundation.
- 2009 Faculty Recognition - Service to Students, California State University Fullerton.
- 2010 Faculty Recognition - Scholarly & Creative Activity, Research that has led to the generation, integration, and dissemination of significant knowledge of work, CSUF
- 2010 University of California, Irvine Clinical & Translational Science Award for Outstanding Community Research, Nursing

2011 Research Poster Presentation Award, Emergency Nurses Association Leadership Conference, \$200. With Amy Waunch, MSN, RN, FNP, CEN
 2011 Faculty Marshal (College of Health & Human Development), CSUF, \$1000
 2012 Leadership in Innovation Award, Upsilon Beta Chapter Sigma Theta Tau International, Fullerton CA
 2013 Faculty Recognition - Scholarly & Creative Activity, CSUF.

SCHOLARLY ACTIVITIES

PUBLICATIONS

Articles in refereed journals *designates CSUF student/alumni participation

- Zettel-Watson, L., *Suen, M., *Wehbe, L., Rutledge, D. N., & Cherry, B. J. (in press). Aging well: Processing speed, inhibition, and working memory related to balance and aerobic endurance. *Geriatrics & Gerontology International*
- Winokur, E., Rutledge, D. N., & Hayes, A. (in press). Magnet® facility nurses: Pursuing a baccalaureate degree in nursing. *Journal of Professional Nursing*
- *Follick, B. T., Cherry, B. J., **Rutledge, D. N.**, Zettel-Watson, L., & Jones, C. J. (2015, published online). Heterogeneity in fibromyalgia based upon cognitive and physical performance and psychological symptomology. *Journal of the American Association of Nurse Practitioners*. doi: 10.1002/2327-6924.12270
- *Gonzales, M., & **Rutledge, D. N.** (2015). Pain and anxiety during “less invasive” interventional radiology procedures. *Journal of Radiology Nursing*, 34(2), 88-92. Doi: 10.1016/j.jradnu.2014.10.002
- Rosenfeld, V., **Rutledge, D. N.**, & Stern, J. (2015). Polysomnography with quantitative EEG in patients with and without fibromyalgia. *Journal of Clinical Neurophysiology*, 32, 164–170. Doi: 10.1097/WNP.0000000000000134
- Jones, C. J., Rakovski, C., **Rutledge, D. N.**, & *Gutierrez, A. (2015). Fitness performance of women with fibromyalgia compared to criterion standards: A pilot study. *Journal of Aging and Physical Activity*, 23(1), 103-111. doi: 10.1123/japa.2013-0159.y
- Parsons, K., & Rutledge, D. N. (2015). Stingray envenomization treatment recommendations. *Journal for Nurse Practitioners*, 11(3), 360-362.
- Winokur, E., Pai, D., **Rutledge, D. N.**, Vogel, K., Al-Majid, S., Marshall, C., & Sheikewitz, P. (2014). Blood culture accuracy: Discards from central venous catheters in pediatric oncology patients in the emergency department. *Journal of Emergency Nursing*, 40(4), 323-329. doi: 10.1016/j.jen.2013.04.007
- Cherry, B. J., Zettel-Watson, L., *Shimizu, R., *Roberson, I., **Rutledge, D. N.**, & Jones, C. J. (2014). Cognitive performance in individuals with and without fibromyalgia. *Journal of Gerontology, Series B: Psychological Sciences and Social Sciences*, 69(2), 199-208. doi: 10.1093/geronb/gbs122
- Rutledge, D. N.**, Wickman, M., *Cacciata, M., Winokur, E., Loucks, J., & Drake, D. (2013). Hospital staff nurse perceptions of their competency to care for psychiatric patients. *Journal of Staff Development in Nursing*, 29, 255-262. doi: 10.1097/01.NND.0000433150.18384.1c
- Rutledge, D. N.**, Cantero, P. J., & *Ruiz, J. E. (2013). Chronic pain management strategies used by low income overweight Latinos. *Chronic Illness*, 9(2), 133-144. doi:10.1177/1742395312464719
- Rutledge, D. N.**, Rakovski, C., & Zettel-Watson, L. (2012). Healthcare underutilization among overweight Mexican-Americans with chronic pain. *Ethnicity and Inequalities in Health and Social Care*, 5(4), 123-132.
- Rutledge, D. N.**, *Martinez, A., *Traska, T. K., & Rose, D. J. (2013). Fall experiences of persons with fibromyalgia. *Journal of Advanced Nursing*. 69, 435-448. doi: 10.1111/j.1365-2648.2012.06026.x
- Wiggins, A., Welp, C., & **Rutledge, D. N.** (2012). Reconceptualizing patient safety attendants. *Nursing Management*, 43(5), 25-27. Doi: 10.1097/01.NUMA.0000413652.57719.6b
- Rutledge, D. N.**, Wickman, M., Drake, D., Winokur, E., & Loucks, J. (2012). Instrument validation: Hospital nurse perceptions of their behavioral health care competency. *Journal of Advanced Nursing*, 68, 2756-2765. Doi:10.1111/j.1365-2648.2012.06025.x
- Rakovski, C., Zettel-Watson, L., & **Rutledge, D. N.** (2012). Association of employment and working conditions with physical and mental health symptoms for people with fibromyalgia. *Disability & Rehabilitation*, 34,1277-1283. doi: 10.3109/09638288.2011.641658
- Engelder, S., *Davies, K., Zeilinger, T., & **Rutledge, D. N.** (2012). A model program for perinatal palliative services. *Advances in Neonatal Care*, 12, 28-36. doi: 10.1097/ANC.0b013e318244031c
- Cherry, B. J., Zettel-Watson, L., *Shimizu, R., *Chang, J., **Rutledge, D. N.**, & Jones, C. J. (2012). Positive associations between physical and cognitive performance measures in fibromyalgia. *Archives of Physical Medicine & Rehabilitation*, 93, 63-71. doi:10.1016/j.apmr.2011.08.006
- Rutledge, D. N.**, & Skelton, K. (2011). Clinical expert facilitators of evidence-based practice - A community hospital program. *Journal for Nurses in Staff Development*, 27(5), 231-235. doi: 10.1097/NND.0b013e31822d6efd

- Grant, M., Hanson, J., Johnson, S., Idell, C., & **Rutledge, D. N.** (2011). Evidence-based practice for staff nurses. *Journal of Continuing Education for Nurses*, 43(3), 117-124. doi: 10.3928/00220124-20110901-02.
- *Mahjoub, R., & **Rutledge, D. N.** (2011). Perceptions of informed consent for care practices: Hospitalized patients and nurses. *Applied Nursing Research*, 24, 276-280. doi: 10.1016/j.apnr.2009.12.001
- Zettel-Watson, L., **Rutledge, D. N.**, Cantero, P., *Espinoza, A., Leal, F., & Jones, C. J. (2011). Typology of chronic pain in overweight Mexican Americans. *Journal of Health Care for the Poor and Underserved*, 22(3), 1030-1047. doi:10.1353/hpu.2011.0092
- Zettel-Watson, L., Rakovski, C., *Levine, B., **Rutledge, D. N.**, & Jones, C. J. (2011). Impact of employment and caregiving roles on the well-being of people with fibromyalgia. *Journal of Musculoskeletal Pain*, 19(1), 8-17. doi:10.3109/10582452.2010.538824
- Boyd, D., Merkh, K., **Rutledge, D. N.**, & *Randall, V. (2011). Nurses' perceptions and experiences with end of life communication. *Oncology Nursing Forum*, 38, E229-E239. Doi:10.1188/11.ONF.E229-E239
- *Traska, T. K., **Rutledge, D. N.**, Weiss, J., Mouttapa, M., & *Aquino, J. (2011). Strategies used for managing symptoms for persons with fibromyalgia. *Journal of Clinical Nursing*, 21, 626-635. doi: 10.1111/j.1365-2702.2010.03501.x
- Matten, P., **Rutledge, D. N.**, *Morrison, V., Chen, T., Chung, E., & Wong, S-F. (2011). Evaluation of tobacco cessation classes aimed at hospital staff nurses. *Oncology Nursing Forum*, 38, 67-73. Doi: 10.1188/11.ONF.67-73
- Johnson, J., *Peterson, D., Campbell, B., Richardson, R., & **Rutledge, D. N.** (2011). Hospital-acquired pressure ulcer prevalence - Evaluating low airloss beds. *Journal of Wound Ostomy & Continence Nursing*, 38, 55-60. Doi: 10.1097/WON.0b013e318202e4bf
- Bogert, S., Ferrell, C., & **Rutledge, D. N.** (2010). Experience with family activation of rapid response teams. *MedSURG Nursing*, 19, 215-222.
- Jones, C. J., **Rutledge, D. N.**, & *Aquino, J. (2010). Predictors of physical performance and functional ability in persons 50+ with and without fibromyalgia. *Journal of Aging and Physical Activity*, 18, 353-368.
- Rutledge, D. N.**, Cherry, B., Rose, D., Rakovski, C., & Jones, C. J. (2010). Do fall predictors in elders predict fall status in persons 50+ with fibromyalgia? An exploratory study. *Research in Nursing & Health*, 33, 192-206. Doi: 10.1002/nur.20376
- Loucks, J., **Rutledge, D. N.**, Hatch, B., & *Morrison, V. (2010). Rapid response team for behavioral emergencies. *Journal of the American Psychiatric Nursing Association*, 16, 93-100.
- Robertson, S., Canary, C. W., Orr, M., Herberg, P., & **Rutledge, D. N.** (2010). Factors related to progression and graduation rates for RN to BSN Programs: Searching for realistic benchmarks. *Journal of Professional Nursing*, 26, 99-107. Doi: 10.1016/j.profnurs.2009.09.003
- Cherry, B. J., Weiss, J., *Barakat, B. K., **Rutledge, D. N.**, & Jones, C. J. (2009). Physical performance as a predictor of attention and processing speed in fibromyalgia. *Archives of Physical Medicine & Rehabilitation*, 90, 2066-2073. Doi: 10.1016/j.apmr.2009.07.011
- Rutledge, D. N.**, Mouttapa, M., & Wood, P.B. (2009). Symptom clusters in fibromyalgia: Potential utility in patient assessment and treatment evaluation. *Nursing Research*, 58, 359-367. Doi: 10.1097/NNR.0b013e3181b499d2
- Quinal, L., Harford, S., & **Rutledge, D. N.** (2009). Secondary traumatic stress in oncology staff. *Cancer Nursing*, 32, E1-E7. Doi: 10.1097/NCC.0b013e31819ca65a
- *Dominguez-Gomez, E., & **Rutledge, D. N.** (2009). Prevalence of secondary traumatic stress among emergency nurses. *Journal of Emergency Nursing*, 35, 199-204. Doi: 10.1016/j.jen.2008.05.003
- Norman, V., **Rutledge, D. N.**, Keefer-Lynch, A., & Albeg, G. (2008). Uncovering and recognizing nurse caring from clinical narratives. *Holistic Nursing Practice*, 22, 324-335. Doi: 10.1097/01.HNP.0000339344.18876.54
- Jamieson, E., Ferrell, C., & **Rutledge, D. N.** (2008). Medical Emergency Team implementation: Experiences of a mentor hospital. *MedSURG Nursing*, 17, 312-316.
- Jones, C. J., **Rutledge, D. N.**, Jones, K. D., Matallana, L., & Rooks, D. (2008). Self-assessed physical function levels of women with fibromyalgia. *Women's Health Issues*, 18, 406-412. Doi: 10.1016/j.whi.2008.04.005
- Gawlinski, A., & **Rutledge D. N.** (2008). Selecting a model for evidence-based practice changes: A practical approach. *AACN Advanced Critical Care*, 19, 291-300. Doi: 10.1097/01.AACN.0000330380.41766.63
- Aiello-Laws, L., & **Rutledge, D. N.** (2008). Management of adult patients with leptomeningeal metastasis receiving intraventricular chemotherapy. *Clinical Journal of Oncology Nursing*, 12, 429-435. Doi: 10.1188/08.CJON.429-435
- Rutledge, D. N.**, & Jones, C.J. (2007). Effects of topical essential oil on exercise volume during a 12-week exercise program for women with fibromyalgia: A feasibility study. *Journal of Alternative and Complementary Medicine*, 13, 1099-1106. Doi: 10.1089/acm.2007.0551
- Rutledge, D. N.**, Jones, C. J., & Jones, K. (2007) Predicting physical function in persons with fibromyalgia. *Journal of Nursing Scholarship*, 39, 319-324. Doi: 10.1111/j.1547-5069.2007.00187.x
- Bolton, L.B., Donaldson, N.E., **Rutledge, D. N.**, Bennett, C., & Brown, D.S. (2007). The impact of nursing interventions: Overview of effective interventions, outcomes, measures, and priorities for future research. *Medical Care Research &*

Review, 64(2 Suppl), 123S-143S. doi: 10.1177/1077558707299248

- *Wessell, E. & **Rutledge, D. N.** (2005). Home care and hospice nurses' attitudes towards death and caring for the dying: Effects of palliative care education. *Journal of Hospice & Palliative Care Nursing*, 7, 212-218.
- Rutledge, D. N.** (2005). Resources for assisting nurses to use evidence as a basis for home care nursing practice. *Home Health Care Management & Practice*, 17(4), 273-280.
- Donaldson, N., Brown, D.S., Aydin, C.E., Bolton, L.B., & **Rutledge, D. N.** (2005). Leveraging nurse related dashboard benchmarks to expedite performance improvement and document excellence. *Journal of Nursing Administration*, 35, 163-172.
- Donaldson, N.E., **Rutledge, D. N.**, & Ashley, J. (2004). Outcomes of adoption: Measuring evidence uptake by individuals and organizations. *Worldviews on Evidence-Based Nursing*, 1(supplement1), S41-S51.
- Rutledge, D. N.**, DePalma, J., & Cunningham, M. (2004). A process model for evidence-based literature syntheses. *Oncology Nursing Forum*, 31, 543-550.
- Grant, M., Mooney, K., **Rutledge, D. N.**, Gerard, S., & Eaton, L. (2004). Cancer Nursing Research Short Course: Long-term follow-up of participants, 1984-1998. *Oncology Nursing Forum*, 31, E32-E38.
- Rutledge, D. N.**, Mooney, K., Grant, M., & Eaton, L. (2004). Implementation and refinement of a research utilization course for oncology nurses. *Oncology Nursing Forum*, 31, 121-126.
- Martin-Holland, J., Bello-Jones, T., Shuman, A., **Rutledge, D. N.**, & Sechrist, K.R. (2003). Enhancing cultural and ethnic diversity among California nurses. *Journal of Nursing Education*, 42(6), 1-4.
- Gholz, R., Conde, F., & **Rutledge, D. N.** (2002). Osteoporosis in men treated with androgen suppression therapy for prostate cancer. *Clinical Journal of Oncology Nursing*, 6, 88-93.
- Rutledge, D. N.**, Barsevick, A., Knobf, M.T., & Bookbinder, M. (2001). Breast cancer detection: Knowledge, attitudes, and behaviors of women from Pennsylvania. *Oncology Nursing Forum*, 28, 1032-1040.
- Rutledge, D. N.** & Raymon, N.R. (2001). Changes in well-being of women cancer survivors following a survivor weekend experience. *Oncology Nursing Forum*, 28, 85-91.
- Lewis, E.M., Sechrist, K.R., & **Rutledge, D. N.** (1999). Data collection for nursing work force strategic planning in California. *Journal of Nursing Administration*, 29, 9-11.
- Rutledge, D. N.**, & Engelking, C. (1998). Cancer-related diarrhea: Selected findings of a national survey of oncology nurse experiences. *Oncology Nursing Forum*, 25, 861-873.
- Engelking, C., **Rutledge, D. N.**, Ippoliti, C., Neumann, J., & Hogan, C.M. (1998). Cancer-related diarrhea: A neglected cause of cancer-related symptom distress. *Oncology Nursing Forum*, 25, 859-60.
- Rutledge, D. N.**, Ropka, M., Greene, P., Nail, L., & Mooney, K. (1998). Barriers to research utilization for oncology staff nurses and for nurse managers and clinical nurse specialists. *Oncology Nursing Forum*, 25, 497-506.
- Rutledge, D. N.**, Greene, P., Mooney, K., Nail, L., & Ropka, M. (1996). Use of research-based practices by oncology staff nurses. *Oncology Nursing Forum*, 23, 1235-1244.
- Rutledge, D. N.** & Donaldson, N.E. (1995). Building organizational mechanisms for research use. *Journal of Nursing Administration*, 25, 12-16.
- Rutledge, D. N. (1992). Effects of age on lump detection accuracy. *Nursing Research*, 41(5), 306-308.
- Ames, A., Adkins, S., **Rutledge, D.**, Hughart, K., Greeno, S., Foss, J., Gentry, J., & Trent, M. (1992). Assessing work retention issues. *Journal of Nursing Administration*, 22(4), 37-41.
- Rutledge, D. N. (1992). Sensitivity and specificity in lump detection of breast models. *American Journal of Preventive Medicine*, 8, 314-318.
- Rutledge, D. N.**, & Holtzclaw, B.J. (1990). Use of amphotericin B in immunosuppressed oncology patients. Part 1. Pharmacology and toxicities. *Oncology Nursing Forum*, 17, 731-736.
- Holtzclaw, B.J., & **Rutledge, D. N.** (1990). Use of amphotericin B in immunosuppressed oncology patients. Part 2. Pharmacodynamics and nursing implications of a prototype. *Oncology Nursing Forum*, 17, 737-742.
- Rutledge, D. N.**, & Davis, G. (1988). Breast self-examination compliance and the Health Belief Model. *Oncology Nursing Forum*, 15, 175-179.
- Rutledge, D. N.**, & Holtzclaw, B. 1 (1988). Amphotericin B-induced shivering in cancer patients: A nursing approach. *Heart & Lung*, 17, 432-440.
- Rutledge, D. N.**, Hartmann, W. H., Kinman, P.O., & Winfield, A. (1988). Exploration of factors affecting mammography behaviors. *Preventive Medicine*, 17, 412-422.
- Rutledge, D. N. (1987). Factors related to womens' practice of breast self-examination. *Nursing Research*, 36, 117-121.
- Rutledge, D.**, & Kinman, P.O. (1986). Breast cancer screening in a university setting. *American Association of Occupational Health Nurses Journal*, 34, 233-236.
- Macey, M.J., Lusky, K., & **Rutledge, D.** (1985). Developing a philosophy for a school of nursing. *Image*, 17, 91-94.
- Rutledge, D. N.**, & Dick, G. (1983). Psychological aspects of acute care period in spinal cord injured adolescents. *Rehabilitation Nursing*, 8, 18-21.

Rutledge, D. N. (1982). Nurses' knowledge of breast reconstruction: A catalyst for earlier treatment of breast cancer. *Cancer Nursing*, 5, 469-473.

Chapters in books

- Rutledge, D. N. (2011). Evidence-based oncology nursing. In C. H. Yarbro, D. Wujcik, B. H. Gobel (Eds.), *Cancer nursing. Principles and practice* (7th edition, pp. 657-666), Sudbury, MA: Jones & Bartlett.
- Rutledge, D. N. (2005). Evidence-based oncology nursing. In C. Yarbro, M. Frogge, M. Goodman (Eds.), *Cancer nursing. Principles and practice* (6th edition, pp. 1777-1785), Sudbury, MA: Jones & Bartlett.
- Rutledge, D. N. (2005). Evidence-based interventions. In K. Kuebler, M.P. Davis, C.D. Moore (Eds.), *Palliative practices. An interdisciplinary approach* (pp. 49-62). St. Louis MO: Elsevier Mosby.
- Rutledge, D. N., & McGuire, C. (2003). Evidence-based symptom management. In Yarbro, C.H., Frogge, M.H., & Goodman, M. (Ed.s). *Cancer symptom management* (3rd ed., pp. 3-12). Sudbury MA: Jones & Bartlett.
- Rutledge, D. N. (2003). When lung cancer consumers seek evidence. In M. Haas (Ed.), *Contemporary issues in lung cancer. A nursing perspective* (pp. 293-306). Sudbury MA: Jones & Bartlett.
- Rutledge, D. N. (2003). Using evidence-based practice and the health professional. In M. Haas (Ed.), *Contemporary issues in lung cancer. A nursing perspective* (pp. 281-292). Sudbury MA: Jones & Bartlett.
- Cooley, M.E., & Rutledge, D. N. (2001) Utilization and conduct of research. In E. Lin (Ed.), *Advanced practice in oncology nursing: Case studies and review* (pp. 422-443). Philadelphia: W.B. Saunders.
- Rutledge, D. N. (2001). Nursing research and research utilization in nephrology nursing. In L.E. Lancaster (Ed.), *Core curriculum for nephrology nursing* (4th ed., pp. 607-626). Pitman, NJ: American Nephrology Nurses' Association.
- Rutledge, D. N. (1995). Nursing research and research utilization in nephrology nursing. In L.E. Lancaster (Ed.), *Core curriculum for nephrology nursing* (3rd ed., pp. 449-466). Pitman, NJ: American Nephrology Nurses' Association.
- Rutledge, D. N. (1990). Nursing research in nephrology nursing. In L.E. Lancaster (Ed.), *Core curriculum for nephrology nursing*, (2nd ed., pp. 391-406). Pitman, NJ: American Nephrology Nurses Association.
- Rutledge, D. N. (1987). Nursing research in nephrology nursing. In L.E. Lancaster (Ed.), *Core curriculum for nephrology nursing* (pp. 307-322). Pitman, NJ: American Nephrology Nurses Association.

Reports

- Donaldson, N. E., **Rutledge, D. N.**, & Geiser, K. (2008). In K. Henriksen, J. B. Battles, M. A. Keyes, M. L. Grady (Eds.), The role of the external coach in advancing research translation in hospital-performance improvement [refereed]. *Advances in Patient Safety. New Directions & Alternative Approaches. Volume 1. Assessment* (pp.285-302). Rockville, MD: Agency for Healthcare Research and Quality Publication No. 08-0034-1.
- Sechrist, K.R., Lewis, E.M., **Rutledge, D. N.**, Keating, S.B., & Association for California Nurse Leaders. (September 2002). *Planning for California's nursing work force: Phase III final report*. Sacramento CA: Association of California Nurse Leaders. Available at <http://www.ucihs.uci.edu/cspcn>
- Sechrist, K.R., Lewis, E.M., **Rutledge, D. N.** (1999). *Planning for California's nursing work force: Phase II final report*. Sacramento CA: Association of California Nurse Leaders.

Invited Articles

- Rutledge, D. N.** (2011 February). Sustaining evidence-based practice initiatives. *American Nurse Today*, 6(2). Retrieved from <http://www.americannursetoday.com/article.aspx?id=7510&fid=7362>
- Rutledge, D. N.**, & Kuebler, K. K. (2005). Applying evidence to palliative care. *Seminars in Oncology Nursing*, 21(1), 36-43.
- Stoner, M.S., & **Rutledge, D. N.** (2005). 10 statistical terms you should know. *Home Healthcare Nurse*, 23, 183-187.
- Keating, S.B., **Rutledge, D. N.**, Sargent, A, & Walker, P. (2003). A test of the California Competency-Based Differentiated Role Model. *Managed Care Quarterly*, 11(1), 40-46.
- Keating, S.B., **Rutledge, D. N.**, Sargent, A, & Walker, P. (2003). California examines definitions of competency. *Patient Care Management*, 19(4), 7-10.
- Keating, S.B., **Rutledge, D. N.**, Sargent, A, & Walker, P. (2003). Testing the model for testing competency. *Patient Care Management*, 19(5), 7-11.
- Rutledge, D. N.**, & Grant, M. (2002). Introduction to evidence-based practice. *Seminars in Oncology Nursing*, 18(1), 1-2.
- Rutledge, D. N.**, & Bookbinder, M. (2002). **Processes and outcomes of evidence-based practice**. *Seminars in Oncology Nursing*, 18(1), 3-10.
- Rutledge, D. (1999). Manage pain proactively. *American Journal of Nursing*, 99(3), 88.

- Rutledge, D. N. (1995). Research utilization in oncology nursing. *Oncology Nursing: Patient Treatment and Support*, 2(4), 1-14.
- Rutledge, D. N. (1994). Models improve effectiveness of nursing research utilization. *Advanced Nursing Research Special Interest Group Newsletter*, 5(3), 1-2.
- Rutledge, D. N. (1991). GOOD NEWS: Nursing interventions can make a difference. *Vision: A Vanderbilt Nursing Quarterly*, 6(1), 1-2.
- Rutledge, D. N.**, & Kinman, P.O. (1989). Interdisciplinary research: A case study. *Vision: A Vanderbilt Nursing Quarterly*, 4(4), 5.
- Rutledge, D. N. (1989). Facts about amphotericin B: Use in cancer patients. *Middle Tennessee Chapter Oncology Nursing Society Newsletter*, 9(2), 34.
- Rutledge, D. N. (1988). Promoting early detection of breast cancer. *Middle Tennessee Chapter Oncology Nursing Society Newsletter*, 8(1), 2-3.

Commissioned Qualitative Systematic Reviews

Online Journal of Clinical Innovations (www.cinahl.com)

- Volume 1, 1998: Improving readability for print materials in patient care and health services (Rutledge & Donaldson); Expediting the harvest and transfer of knowledge for practice in nursing (Donaldson & Rutledge). Fall prevention in health care institutions (Rutledge, Donaldson, Pravikoff); Pain assessment & documentation Part I - Overview and application in adults, Part II - Special populations of adults, Part III - Pediatrics (Rutledge & Donaldson);
- Volume 2, 1999: Principles of patient education (Donaldson, Rutledge, Pravikoff); Patient education in arthritis management (Rutledge, Donaldson, Pravikoff); Patient education in diabetes management (Rutledge, Donaldson, Pravikoff); Patient education in asthma management (Rutledge, Donaldson, Pravikoff).
- Volume 3, 2000: Caring for families of patients in acute or chronic health care: Part 1. Principles (Donaldson, Rutledge, Pravikoff). Part II. Interventions (Rutledge, Donaldson, Pravikoff). Editorial: Can Nurses Provide Evidence-based Practice? (Rutledge). Protection of Skin Integrity: Progress in Pressure Ulcer Prevention since the AHCPR 1992 Guideline (Rutledge, Donaldson, Pravikoff)
- Volume 4, 2001: Patient education in congestive heart failure (Rutledge, Donaldson, Pravikoff). End of life care. Part I. Principles (Bookbinder, Rutledge, Donaldson, Pravikoff), End of life care. Part II. What We Learned From The SUPPORT And HELP Studies (Rutledge, Donaldson, Pravikoff), End of life care. Part III. Learnings beyond the SUPPORT/HELP Studies (Rutledge, Bookbinder, Donaldson, Pravikoff).
- Volume 5, 2002: Pain assessment & documentation. special populations of adults. Update 2002. (Rutledge, Donaldson, Pravikoff), Pain assessment & documentation. Pediatrics. Update 2002. (Rutledge, Donaldson, Pravikoff)
- Volume 6, 2003: Use of restraints. Part I. Acute nonpsychiatric care. (Rutledge, Donaldson, Pravikoff); Use of restraints. Part II. Restraints and seclusion in psychiatric institutions. (Rutledge, Pravikoff); Use of restraints. Part III. Skilled nursing care. (Rutledge, Pravikoff). Update 2003. Falls risk assessment and prevention in hospitalized patients. (Rutledge, Donaldson, Pravikoff).
- Volume 8, 2005: Effectiveness of intravenous therapy teams. (Rutledge, Orr).
- Volume 9, 2006: Insertion and care of peripherally inserted central catheters (PICCS) for intravenous infusions. (Rutledge, Viele).

Other

- Rutledge, D., & Schub, T. (2014). Fall prevention in hospitalized patients [Evidence based care sheet]. Glendale CA: Cinahl Information Systems.
- Rutledge, D. N.**, March, P. D., & Pravikoff, D. (2014). Restraint: Minimizing use in acute, nonpsychiatric care [Evidence based care sheet]. Glendale CA: Cinahl Information Systems
- Rutledge, D.**, Sweeney, J., & Shelby, J. (1983). The "Situational": A new teaching/learning strategy for basic nursing skills. *Nursing Education Opportunities & Innovations*, 1, 2-3.

Book reviews

- Rutledge, D. N. (1985). Riehl-Sisca (Ed.). *The science and art of self care*. Norwalk, CT: Appleton-Century-Crofts. In *Oncology Nursing Forum*, 13(4), 133.

Data-Based Podium Presentations *designates CSUF student/alumni participation

- Rutledge, D. N. Factors Related to Womens' Practice of Breast Self-Examination." Sigma Theta Tau/Tennessee Nurses'

- Association Conference, October, 1985.
- Kinman, P.O., Winfield, A. C., Pendergrass, H. P., Diss, J., Kaufman, A. J., **Rutledge, D.** "Low-cost Mammography Screening Program for University Employees and Spouses." 71st Scientific Assembly of Radiological Society of North America; Chicago, IL, November 1985.
- Rutledge, D. "Applicability of the Health Belief Model to Breast Self-Examination Behavior." Mid-South Nursing Research Conference, Memphis, TN, October 1986.
- Rutledge, D. "Factors Affecting Participation in Mammography Screening." Octoberfest '86, Vanderbilt University Medical Center, Nashville, TN, October 1986.
- Rutledge, D. "Exploration of Factors Influencing Mammography Behaviors." Mini-Research Conference, *Communicating Research: Models and Methods for Presentation*. Vanderbilt University School of Nursing, Nashville, TN, April 1988, 1989, 1990, 1991.
- Rutledge, D. "Mammography Screening: Factors Related to Participation." 8th Annual Eastern Nursing Research Conference. Chapel Hill, NC, April 1988.
- Rutledge, D. N. "Exploration of Perceived Barriers to Mammography Screening." Tennessee Nurses Association Research Day, Gatlinburg, TN, October 1988.
- Rutledge, D. N. "Shivering Associated with Amphotericin B in Adult Leukemia Patients." *Nursing Research: Implications for Practice 88*. Fourteenth Annual Nursing Research Conference (VA/VUMC/VUSN/STT), Nashville, TN, November 1988.
- Rutledge, D. N. "Exploration of Perceived Barriers to Mammography Screening." *Nursing Science: The Development and Testing of Theory*, Southern Council of Collegiate Education for Nursing's 8th Annual Research Conference, Atlanta, GA, December 1988.
- Rutledge, D. N. "Prediction of Participation in Low Cost Mammography Screening." 3rd Annual Conference of Southern Nursing Research Society, Austin, TX, February 1989.
- Neal, P., **Rutledge, D. N.** "Perceived Barriers as Predictors of Poor Breast Self-Examination Compliance among Older and Younger Women." *Nursing Research: Impact on Healthcare*, 15th Annual Nursing Research Conference, York VAMC/ Nashville VAMC/VUMC/ VUSN/STT; Nashville, TN, November 1989.
- Rutledge, D. N. "Subjective responses related to febrile shivering in oncology patients receiving amphotericin B." *Monumental Steps for Oncology Nursing*, Oncology Nursing Society Congress, Washington, D.C., May 1990.
- Bransfield, D.D., **Rutledge, D. N.**, Ivy, S., Steinkerchner, N., Worrel, J., Tabar, D., McKinney, I., Wallston, K. "A religiously-oriented program to promote breast cancer screening: a pilot study." 16th Annual Nursing Research Conference, York VAMC/ Nashville VAMC/VUMC/VUSN/STT; Nashville, TN, November 1990.
- Bransfield, D.D., Ivy, S.S., **Rutledge, D. N.**, Wallston, K. "A religiously-oriented program to promote breast cancer screening." 99th Annual Convention of the American Psychological Association, San Francisco, August 1991.
- Rutledge, D. N. "Effects of age on sensitivity in breast examinations." 6th Annual Southern Nursing Research Society, Nashville, TN, February 1992.
- Donaldson, N.E., **Rutledge, D. N.** "Effects of research use continuing education on nurse leaders innovativeness." Western Society of Research in Nursing Conference, Bellevue, WA, April 1993.
- Donaldson, N.E., **Rutledge, D. N.** "Research use indicators in practicing nurses." Sigma Theta Tau International Research Conference. Indianapolis, IN, November 1993.
- Donaldson, N.E., **Rutledge, D. N.** "Effects of CE and regional networking on research use in nurses" Western Society of Research in Nursing Conferences, Phoenix, AZ, April 1994.
- Rutledge, D. N.**, Donaldson, N.E. "Effects of the OCRUN Project on research use in nursing service organizations." Western Society of Research in Nursing Conferences, Phoenix, AZ, April 1994.
- Rutledge, D. N.**, Donaldson, N.E. "Evolution of regional research-based practice innovations." Western Society of Research in Nursing Conference, San Diego, May 1995.
- Donaldson, N.E., **Rutledge, D. N.** "Predicting role-related research use: impact of continuing education." Western Society of Research in Nursing Conference, San Diego, May 1995.
- Donaldson, N.E., **Rutledge, D. N.** "Enduring effects of role-related research use continuing education." Western Society of Research in Nursing, Denver, April 1996.
- Engelking, C., **Rutledge, D. N.** "Cancer-related diarrhea: oncology nurse perceptions of a neglected symptom and its management." Oncology Nursing Society Congress, May 1996.
- Rutledge, D. N. "Perceptions and reality." Diarrhea in the Cancer Patient: Issues for the Oncology Nurse, Symposium sponsored by Sandoz Oncology, May 1996.
- Chodil, J., **Rutledge, D. N.** "Pain management for oncology patients in a home care agency." Sigma Theta Tau International, Vancouver, Canada, June 1997.
- Chodil, J., **Rutledge, D. N.** "Pain management for oncology patients in a home care agency." Presentation to the Visiting Nurses Association, Orange County CA, July 1997.

- Raymon, N., **Rutledge, D. N.** "Changes in well being in women cancer survivors following a survivor weekend experience." ONS 25th Congress. San Antonio TX, May 2000.
- Keating, S, Kliever, P, **Rutledge, D**, Lewis, E. "A Tri-Partnership between Education and Industry" at the Healing Web Conference, *The Evolution & Revolution of the Healing Web and Differentiated Practice: A Call to Action*. Sunset Beach NC. June 2001.
- Rutledge, D. N. "Pain Assessment of Persons with Cognitive Limitations" at the 4th Annual Evidence-Based Practice Conference *Translating Research into Best Practice*. Rochester NY. December 7, 2002.
- Cunningham, M., Rutledge, D. N. et al. "Synthesis of Research Evidence: Collaboration among Practitioners, Educators, Researchers" at 7th National Conference on Cancer Nursing Research, San Diego CA. February 2003.
- Rutledge, D. N. (Moderator and Presenter). "The Evidence about Nebulized Morphine for Dyspnea, Exercise as an Intervention for Fatigue, and Assessing Sleep Disturbances." 28th Annual ONS Congress, Denver CO, May 2003.
- Rutledge, D. N.**, & Cunningham, M. "Synthesis of Research Evidence: Collaboration among Practitioners, Educators, Researchers" Nursing Odyssey 2003, *Renew, Rejuvenate, Reinvigorate*. Ontario CA, October 2003.
- Rutledge, D. N. (2006 July). Measuring self-directed learning in graduate nursing students. 17th International Nursing Research Congress Focusing on Evidence-Based Practice, Sigma Theta Tau International, Montreal Canada, .
- Albeg, G., Keefer-Lynch, A.M., Norman, V., *Privette, L., & **Rutledge, D. N.** (2006 October). Clinical narratives: Clinical caritas processes and levels of nursing experience. Joint Southern California STTI Chapters Odyssey 2006, *Breaking Down Boundaries through Collaboration*. Ontario CA.
- Matten, P., Chung, E., **Rutledge, D. N.**, Wong, S-F. (2007 April). Implementing a tobacco cessation training program for staff nurses in a community hospital setting. 32nd Annual ONS Congress, Las Vegas NV.
- Donaldson, N.E., Aydin, C.E., Bolton, L.B., Brown, D.S., **Rutledge, D. N.** (2007 July). CALNOC PARTNERS TO REDUCE PATIENT FALLS PROJECT—Results of a 4 Year Effort Leveraging Nursing Quality Benchmarks, Self-Assessment, and Coaching EBP to Improve Hospital Falls. 18th International Nursing Research Congress Focusing on Evidence-Based Practice (STTI), Vienna Austria.
- Rutledge, D. N. (2008 February). A paradigm shift for teaching research: Evidence-based practice. 2008 AACN Master's Education Conference. Newport Beach CA.
- Rutledge, D. N., Cherry, B.J., Rose, D., Rakovski, C., *Olivaros, J., & Jones, C.J. (2009 November). Fall predictors in persons 50+ with fibromyalgia: Same as in elders? Podium presentation at Joint Southern California Chapters of Sigma Theta Tau International Odyssey 2009, Ontario CA.
- Close, K., & **Rutledge, D. N.** (2010 October). Gum chewing in persons undergoing colon surgery. Podium presentation at Joint Southern California Chapters of Sigma Theta Tau International Odyssey 2010, San Diego CA.
- Close, K., & **Rutledge, D. N.** (2011 February). Gum chewing in persons undergoing colon surgery. Podium presentation at Oncology Nursing Society Conference on Cancer Nursing Research, Los Angeles CA.
- Zeilinger, T., & **Rutledge, D. N.** (2011 April). Does 36-hr bilirubin screen find at risk babies not found at 24-hr screen? Podium presentation at Western Institute of Nursing 44th Annual Communicating Nursing Research Conference. Las Vegas NV.
- Winokur, E., Loucks, J., & **Rutledge, D. N.** (2011 October). Nurse capacity to care for mental health patients. Paper presentation at the 25th Annual American Psychiatric Nurses Association Conference, Anaheim CA.
- *Griffith, K., Wiggins, A., Walsh, M., & **Rutledge, D. N.** (2011 October). Staff nurse/manager perspectives on barriers to pain management. 2011 Joint Southern California STTI Chapters Nursing Odyssey Conference, Cerritos CA.
- Rutledge, D. N.**, Jones, C. J., Rose, D., Cherry, B., & *Aquino, J. (2012 August). Is cognitive performance associated with balance in adults with and without fibromyalgia? Presentation at the 8th World Congress on Active Ageing. Glasgow Scotland.

Poster presentations *designates CSUF student/alumni participation

- Rutledge, D. N. (1989). "Criterion and construct validity of a newly developed scale of thermal comfort." *Unity in Diversity: The Spectrum of Nursing Research*, American Nurses' Association Council of Nurse Researchers' Conference, Chicago, September.
- Rutledge, D. N. (1989). "Criterion and construct validity of a newly developed scale of thermal comfort." *Nursing Research: Impact on Healthcare*, 15th Annual Nursing Research Conference (VA/VUMC/VUSN/STT), Nashville, TN, November 9-10.
- Rutledge, D. N. (1990). "Criterion and construct validity of a newly developed scale of thermal comfort." Spring Research Day: Sigma Theta Tau International, Iota and Kappa Theta Chapter, Nashville, TN, March 23.
- Rutledge, D. N.**, & Holtzclaw, B.J. (1990). "Effects of drug-induced febrile shivering on temperature in immunosuppressed oncology patients." *Monumental Steps for Oncology Nursing, 1975-1990*, Oncology Nursing Society Annual Congress, Washington, D.C., May 16-19.
- Rutledge, D. N.**, & Holtzclaw, B.J. (1991). "Effects of drug-induced febrile shivering on temperature in immunosuppressed

- oncology patients." Fifth Annual Conference of Southern Nursing Research Society, Richmond, VA, Feb. 28-Mar.2.
- King, J., **Rutledge, D. N.**, Strohmeier, P., Anderson, W., Zachary, K., Tieken, R., Kaminsky, D., Hutchison, S. (1991) "Correlation of urine, pulmonary artery blood, and rectal temperatures in critically ill patients." 17th Annual Nursing Research Conference (VAMC/VUMC/VUSN/STT), Nashville, TN, November.
- King, J., **Rutledge, D. N.**, Strohmeier, P., Anderson, W., Zachary, K., Tieken, R., Kaminsky, D., Hutchison, S. (1992). "Correlation of urine, pulmonary artery blood, and rectal temperatures in critically ill patients." American Nurses Association State of the Art Conference, Washington, D.C.
- Donaldson, N.E., **Rutledge, D. N.** (1993). "California Research Utilization in Nursing Project." Western Regional Invitational Conference, *Innovation, Effectiveness, and Outcomes in Health Care Services*, San Francisco, July 30-31.
- Donaldson, N.E., **Rutledge, D. N.** (1994). "Effect of CE and networking on research use in individual nurses," University of California, Irvine College of Medicine Faculty Poster Presentations, May 10.
- Ahearn, S., **Rutledge, D. N.** (1994). "The University of California, Irvine Community Alliance for Research in Nursing," California State University, Dominguez Hills, Nursing Research Conference, October 29.
- Ahearn, S., **Rutledge, D. N.** (1995). "The University of California, Irvine Community Alliance for Research in Nursing," Western Society for Nursing Research, San Diego, May.
- Greene, P., Mooney, K.M., **Rutledge, D. N.** "Does clinical setting make a difference in research utilization by oncology nurses?" *Rekindle the Spirit*, Oncology Nursing Society Congress, May 2-5, 1996.
- Rutledge, D. N.**, Greene, P., Mooney, K., Nail, L., Ropka, M. "Barriers to research utilization in oncology clinicians and in managers/clinical nurse specialists." Sigma Theta Tau International, Vancouver, Canada, June 21, 1997.
- Donaldson, N.E., **Rutledge, D. N.** "CINAHL Clinical Innovation Database Project." 15th Annual Issues in Nursing Research Conference, Park City UT, February 24-27, 1998.
- Raymon, N., **Rutledge, D. N.** "Quality of life of women cancer survivors who sought a survivor weekend experience." 5th Annual Cancer Nursing Research Conference, Newport Beach CA, February 10-13, 1999.
- DePalma, J., Mallory, G., **Rutledge, D. N.** "Oncology Nursing Society's Evidence-Based Practice Online Resource Center." First Annual Summer Institute on Evidence-Based Nursing & Best Practice Basics and Beyond, San Antonio TX, July 18-19, 2002.
- Rutledge, D. N.**, Cunningham, M., et al. "Synthesis of research evidence: Collaboration among practitioners, educators, researchers." 28th Annual ONS Congress, Denver CO, May 1-3, 2003.
- Rutledge, D. N.**, Mooney, K., Grant, M., Eaton, L. "Experience with a course aimed at facilitating research-based practice in oncology nurses." Sigma Theta Tau International Evidence-Based Practice Pre-Conference, St. Thomas Virgin Island, July 9, 2003.
- *San Lucas, V.M., Elisha, S., Lethiot, S., **Rutledge, D. N.** "Xenon anesthesia: A review using levels of evidence." American Association of Nurse Anesthetists Foundation State of the Science Session, Boston MA, August 2-6, 2003.
- Rutledge, D. N.**, Mooney, K., Grant, M., Eaton, L. "Experience with a course aimed at facilitating research-based practice in oncology nurses." CSUF Faculty Research Day, Fullerton CA, August 20, 2003.
- *San Lucas, V.M., Elisha, S., Lethiot, S., **Rutledge, D. N.** "Xenon anesthesia: A review using levels of evidence." CSUF Nursing Honor Society Poster Presentation Session, Fullerton CA, May 10, 2004.
- Rutledge, D. N.**, & Leach, L.S. "Evidence-based poster presentations: An innovative approach to master's projects. STTI Nursing Honor Society Odyssey 2004 Charting a New Course in Nursing, San Diego, October 21-22, 2004.
- Rutledge, D. N.**, & Idell, C.S. "Enhancing the likelihood of practice change implementation: Selection of team members." 8th National conference on Cancer Nursing Research, Ft. Lauderdale FL, February 3-5, 2005.
- Rutledge, D. N.**, & Leach, L.S. "Evidence-based poster presentations: An innovative approach to master's projects. AACN's 2005 Master's Education Conference, Coronado CA, February 17-19, 2005.
- Greenberg, C., & **Rutledge, D. N.** (13 July 2005). "Teaching students to use a body of evidence." International Evidence-Based Nursing Preconference, Sigma Theta Tau International, Waikoloa HI.
- Jones, C.J., *Theou, O., **Rutledge, D. N.**, Lindemann, J., & *Just, N. (17-19 March 2006). Stability of functional fitness and balance performance measures for women with fibromyalgia. National Fibromyalgia Association Continuing Medical Education Conference. Garden Grove CA.
- Jones, C.J., **Rutledge, D. N.**, & *Theou, O. (17-19 March 2006). Validity and stability of the composite physical function (CPF) scale for women with fibromyalgia. National Fibromyalgia Association Continuing Medical Education Conference. Garden Grove CA.
- Rutledge, D. N.**, Jones, C.J., *Trinh, L., McMahan, S., & Matallana, L. (17-19 March 2006). Stability of the NFA Epidemiologic Questionnaire. National Fibromyalgia Association Continuing Medical Education Conference. Garden Grove CA.
- Chen, T., Matten, P., **Rutledge, D.**, Quist, R., Chung, E., Wong, S-F. (15-18 June 2006). Implementing a tobacco cessation training program for healthcare practitioners in a community hospital setting. Hematology/Oncology Pharmacy Association Conference, Orlando FL.

- Rutledge, D. N.**, Jones, K., & Jones, C.J. (2006 July). Predicting functional ability in persons with fibromyalgia. 17th International Nursing Research Congress Focusing on Evidence-Based Practice, Sigma Theta Tau International, Montreal Canada.
- Chen, T.C., Matten, P., **Rutledge, D.** Chung, E.P., Wong, S-F. (2006 October). A pilot study to assess longterm effectiveness of a community based tobacco cessation training program for healthcare practitioners: A 3-month interim analysis. American College of Clinical Pharmacy 2006 Annual Meeting, St. Louis MO.
- Chen, T.C., Matten, P., **Rutledge, D.** Quist, R., Chung, E.P., Wong, S-F. (2006 October). Implementing a tobacco cessation training program for healthcare professionals in a community hospital setting. American College of Clinical Pharmacy 2006 Annual Meeting, St. Louis MO.
- Rutledge, D. N.**, Matten, P., Wong, S-F., Chung, E. (2007 February). Evaluation of a Hospital Staff Training Program Focused on Smoking Cessation for Patients. 9th National Conference on Cancer Nursing Research, Hollywood CA.
- *Rojas-Cooley, T., **Rutledge, D. N.** (2007 April). The Nurse Complementary and Alternative Medicine Instrument: Stability testing. 32nd Annual ONS Congress, Las Vegas
- *Wei, C. Y., Jones, C.J., **Rutledge, D.**, Lindemann, J. (2007 May/June). Effects of 024 Essential Oils and Exercise in Women with Fibromyalgia. American College of Sports Medicine, New Orleans LA.
- Rutledge, D. N. (July 12-14 2007). A paradigm shift for teaching research: Evidence-based practice. University of Texas Health Science Center at San Antonio 6th Annual Summer Institute on Evidence-Based Practice. San Antonio, Texas.
- Jones, C. J., **Rutledge, D. N.**, *Rigali, R., *Just, N. (August 2007). Predictors of exercise volume in women with fibromyalgia [FM]. The International MYOPAIN Society 7th World Congress on Myofascial Pain, Washington DC
- Jones, C.J., **Rutledge, D. N.**, Rooks, D.S., Matallana, L. & Dupree-Jones, K. (2007 May). Perceived physical function levels of women with fibromyalgia. *American College of Sports Medicine*, Chicago.
- Jones, C.J., **Rutledge, D. N.**, *Rigali, R., *Just, N. & *Lee, K. (2007 September). Effects of 12-week exercise program in women with fibromyalgia (FM). *American Academy of Pain Management Proceedings*, Las Vegas.
- Rutledge, D. N. (October 18-19, 2007). A paradigm shift for teaching research: Evidence-based practice. *Odyssey 2007: Building a Healthy Profession, Community, Nation & World*. San Diego.
- *Randazzo, V.P., **Rutledge, D. N.** (2007 October). Systematic sedation for mechanically ventilated patients. *Odyssey 2007: Building a Healthy Profession, Community, Nation & World*. San Diego.
- Rutledge, D. N., Donaldson, N.E., Geiser, K., & Aydin, C.E. (2008 April). Can coaches impact fall prevention efforts and fall rates in California hospitals? "The Circle of Nursing Knowledge: Education, Practice & Research." Western Institute of Nursing, Garden Grove CA.
- Rutledge, D. N., Mouttapa, M., Jones, C.J., & *Lewis, D. (2008 April). Effects of essential oils on symptoms of exercising women with fibromyalgia. "The Circle of Nursing Knowledge: Education, Practice & Research." Western Institute of Nursing, Garden Grove CA.
- Rutledge, D. N., Jones, C.J., & *Just N. (2008 September). Pilot study: Effects of topical essential oils on exercise volume after a 12-week exercise program for women with fibromyalgia. Poster session at American Academy of Pain Management, Nashville TN.
- Cherry, B. J., Jones, C.J., Rutledge, D. N., Weiss, J., *Barakat, B.K., Zettel-Watson, L, Mouttapa, M., Just, N., & *Aquino, J.* (2009 March). Physical and cognitive performance in fibromyalgia and normal aging. Poster session presented at Cognitive Aging: Research & Practice, Toronto Canada
- *Hernandez, D., Rose, D., Guimaraes, C., Rutledge, D., & Jones, C.J. (2009 June). Multiple dimensions of balance are adversely affected in older adults with fibromyalgia. Poster session presented at International Society for Posture and Gait Research Conference, Bologna, Italy.
- *Aquino, J.K, Callahan, E., *Cayetano, R., Rutledge, D. N., & Jones, C.J. (2009 October). Impact of body fatness on core symptoms of fibromyalgia in people aged 50+. Poster session presented at American Academy for Pain Management, Phoenix, AZ.
- *Shimizu, R., * Diosdado, S., Cherry, B. J., Zettel-Watson, L., Rutledge, D., & Jones, C.J. (2009 October). Impact of fibromyalgia ADL pain on cognitive performance. Poster session presented at American Academy for Pain Management, Phoenix, AZ.
- Zettel-Watson, L. *Bateham, A., *Diosdado, S., *Shimizu, R., J., *Oliveros, J., Cherry, B., Rutledge, D., & Jones, C. J. (2009 November). The impact of social support on functionality of older adults with and without fibromyalgia. Poster session presented at Gerontological Society of America Conference, Atlanta GA.
- Rutledge, D. N., Jones, C. J., Cherry, B., Zettel-Watson, L., *Lopez, L., & *Cayetano, R. (2009 November). Self-assessed physical function levels of older persons with/without fibromyalgia. Poster session presented at meeting of the American Public Health Association, Atlanta GA.
- Roberson, I., *Shimizu, R., Zettel-Watson, L., Rutledge, D. N., Jones, C. J., & Cherry, B. J. (2010 April). Cognitive performance in older adults with and without fibromyalgia. Poster session presented at Cognitive Aging Conference. Atlanta GA.

- *Juwano, S., & Rutledge, D. N. (2010 April). Role of sleep in determining physical performance and function in FM. Poster presented at Upsilon Beta STTI Ceremony, Yorba Linda CA.
- *Aquino, J. K., Rutledge, D. N., Jones, C. J., Cantero, P., *Espinoza, A., *Levine, B., *Blache, E. (2010 September). BMI levels and pain indices in Hispanics with chronic pain. American Academy of Pain Management, Las Vegas.
- Jones, C. J., Rutledge, D. N., *Aquino, J. K., Zettel-Watson, L., Cantero, P., *Espinoza, A., Leal, F., Prado, B., Valencia, C., Weiss, J. W. (2010 September). Typology of chronic pain among overweight Mexican Americans. American Academy of Pain Management, Las Vegas.
- *Callahan, E., Lopez, J., Cherry, B., *Aquino, J. K., Rutledge, D. N., Jones, C. J. (2010 September). Do sleep and depression predict pain in fibromyalgia? American Academy of Pain Management, Las Vegas.
- Waunch, A., & **Rutledge, D. N.** (2011, February). Decision to treat febrile pediatric ED patients: Temporal artery thermometry. Emergency Nurses Association Leadership Conference, Portland OR.
- *Levine, B., Cherry, B., Zettel-Watson, L., & **Rutledge, D.** (2011 April). FM and self-reported experiences with anxiety, headaches, and concentration. Western Psychological Association, Los Angeles.
- *Reynolds, C., & **Rutledge, D. N.** (2011 April). Pain, depression and quality of life in overweight adult Hispanics. Poster presented at Upsilon Beta Sigma Theta Tau International Induction Ceremony, Westminster CA.
- *Serrano, F., & **Rutledge, D. N.** (2011 April). Use of conscious and unconscious distraction as a means of self-management in women with FM. Poster presented at the Upsilon Beta Sigma Theta Tau Spring Induction Ceremony, Westminster CA.
- Elisha, S., & **Rutledge, D. N.** (2011 April). Student registered nurse anesthetists' reported inappropriate clinical experiences. Poster presentation at Western Institute of Nursing 44th Annual Communicating Nursing Research Conference. Las Vegas NV.
- Rutledge, D. N.**, *Martinez, A., Rose, D., *Traska, T. K. (2011 April). Fall experiences in women with fibromyalgia. Poster presentation at Western Institute of Nursing 44th Annual Communicating Nursing Research Conference. Las Vegas NV.
- Latham, C., Ringl, K., Hogan, M., **Rutledge, D. N.**, & Ahern, N. (2011 June). Improved CALNOC indicator outcomes with workforce environment enhancements. Poster presentation at CALNOC Annual Conference, Long Beach, CA.
- *Aquino, J. A., **Rutledge, D. N.**, *Levine, B., & Jones, C. J. (2011 October). Pain and aerobic endurance among adults 50+ with & without FM. American Association of Pain Management, Las Vegas NV.
- Walsh, M., Balian, N., *Griffith, K., & **Rutledge, D. N.** (2012 March). Changing pain management practices of nurses on three surgical units. Transforming Nursing Care: One Evidence-Based Project at a Time. Veterans Administration Medical Center, Los Angeles CA.
- Rutledge, D. N.**, & Cantero, P. (2012 April). Gathering information among individuals with low literacy. Poster presentation at Upsilon Beta Sigma Theta Tau spring induction, Placentia CA.
- Elisha, S., & **Rutledge, D. N.** (2012 April). Clinical experiences. Perceptions of student nurse anesthetists. Upsilon Beta Sigma Theta Tau spring induction, Placentia CA.
- *Follick, B. T., Cherry, B., Zettel-Watson, L., *Grandfield, E., **Rutledge, D. N.**, & Jones, C. J. (2012 November). Patterns of performance within fibromyalgia: Identifying subgroups. The Gerontological Society of America's 65th Annual Scientific Meeting, San Diego, CA.
- Rutledge, D. N.**, Cantero, P. J., & *Ruiz, J. E. (2012 November). Chronic pain management strategies used by low income overweight Latinos. Poster presented at the Joint Southern California STTI Chapters Odyssey Conference, Ontario CA.
- Walsh, M., Balian, N., *Griffith, K., & **Rutledge, D. N.** (2012 November). Changing pain management practices of nurses on three surgical units. Poster presented at the Joint Southern California STTI Chapters Odyssey Conference, Ontario CA.
- Rutledge, D. N.**, Cantero, P. J., & *Ruiz, J. E. (2013 April). Managing chronic pain in low income overweight Latinos: Provider perceptions. Poster presentation at Western Institute of Nursing 46th Annual Communicating Nursing Research Conference. Anaheim CA.
- Rutledge, D. N.**, Rose, D., *Melendez, J., & *Johansen, D. (2013 August). Experiences with a balance/mobility program in fibromyalgia. 9th World Congress on Myofascial Pain Syndrome and Fibromyalgia Syndrome, Seattle WA.
- Jones, C. J., **Rutledge, D. N.**, Rakovski, C., & *Gutierrez, A. (2013 August). Fitness of women with fibromyalgia compared to criterion-referenced standards associated with functional independence. 9th World Congress on Myofascial Pain Syndrome and Fibromyalgia Syndrome, Seattle WA.
- *Cortez, F., *Melendez, J., **Rutledge, D. N.**, Jones, C. J., Zettel-Watson, L., & Cherry, B. J. (2013 August). Longitudinal change in cognitive and physical measures in FM. 9th World Congress on Myofascial Pain Syndrome and Fibromyalgia Syndrome, Seattle WA.
- *Aquino, J., Jones, C. J., **Rutledge, D. N.**, & Cherry, B. (2013 November). Effect of group empowerment drumming on cognition, mood states, and impact in women with fibromyalgia. American Public Health Association, Boston MA.

- Zettel-Watson, L., *Follick, B. T., *Katschke, J. M., *Melendez, J., Rutledge, D. N., Jones, C. J., & Cherry, B. J. (2013, November). Four-year change in cognitive performance for individuals over 50 with and without chronic pain. 65th Annual Scientific Meeting of the Gerontological Society of America, New Orleans, LA.
- *Gutierrez, A., Espinoza, L., **Rutledge, D. N.**, & Jones, C. J. (2014 April). Measuring the effectiveness of a chronic disease self-management program among Latino adults, Latino Health Equity Conference, Long Beach CA.
- *Gutierrez, A., Espinoza, L., **Rutledge, D. N.**, & Jones, C. J. (2014 June). Measuring the effectiveness of a chronic disease self-management program among Latino adults, 2014 Clinical Translational Research Day, University of California, Irvine.
- *Gutierrez, A., Espinoza, L., **Rutledge, D.N.**, & Jones, C.J. (2014 November). Chronic disease self-management and health status: Coping strategies among Spanish-speaking Latino adults. 8th Annual National Conference on Health Disparities, Long Beach, CA.
- *Tongco, S., Gorman, N., **Rutledge, D. N.**, Vaughn, S., & Andre, J. (2014 November). Student and faculty perspectives: A comparative thematic analysis of nursing students' choice to enroll in a distance nursing program. Southern California Conference for Undergraduate Research at California State University, Fullerton.
- *Pearce, C., & Rutledge, D. N. (2015, March). Participation in quality improvement: Provider perceptions regarding documentation audits. 21st Annual HMORN Conference, Long Beach CA.
- *Gutierrez, A., Espinoza, L., **Rutledge, D. N.**, & Jones, C. J. (2015 October-November). Examination of a chronic disease self-management curriculum and self-efficacy among Latino adults. American Public Health Association Annual Meeting and Exposition. Chicago IL.
- *Cortez, F., Cherry, B., Zettel-Watson, L., & Rutledge, D. N. (2015 November) Aging with fibromyalgia: Characterizing symptomatology over time. 68th Annual Scientific Meeting of the Gerontological Society of America, Orlando FL.
- *Tallakson, M., Rutledge, D. N., & Garon, M. (2016 January). Clinical Nurse Leader practice competencies: A dynamic Response. AACN CNL Summit, Long Beach, CA.
- *McDaniel, S., & Rutledge, D. N. (2016 April). Physical activity and depressive symptoms in persons with fibromyalgia. the Western Institute of Nursing's 49th Annual Communicating Nursing Research Conference. Anaheim, CA.

Invited presentations

- Rutledge, D. N., & Shelby, J. "Climbing the educational ladder." Octoberfest '82, Vanderbilt University Medical Center, Nashville, TN, October 1982.
- Rutledge, D. N. "Process of nursing research." St. Thomas Hospital Nursing Research Committee, Nashville, TN, March 1986.
- Rutledge, D. "Women at risk for breast cancer: How do you score?" 17th Annual Middle Tennessee American Cancer Society Nursing Conference, Nashville, TN, April 1987.
- Rutledge, D. "Effective methods of teaching BSE." Middle Tennessee Chapter Oncology Nursing Society, Nashville, TN, November 1987.
- Rutledge, D. N. "Cancer epidemiology: Prevention and detection." Oncology Nursing Society, Huntsville, Alabama Chapter, June 20, 1988.
- Rutledge, D. N., Kinman, P.O., Winfield, A. "Experiences with mammography screening." *Contemporary Topics in Oncology for Physicians and Nurses*. Vanderbilt University Medical Center, Nashville, TN, October 7-8, 1988.
- Rutledge, D. N. "Nursing research in managed care." Clinical Nurse Specialist Retreat on Case Management/ Managed Care. Vanderbilt University Medical Center, Nashville, TN, October 29, 1990.
- Rutledge, D. N. "Research funding available through nursing specialty organizations." *Nursing Research: Network for the 90's*. 16th Annual Nursing Research Conference (VA/VUMC/VUSN/STT), Nashville, TN, November 8-9, 1990.
- Rutledge, D. N. "A program of research: breast cancer screening." Sigma Theta Tau, Kappa Theta Chapter, Bowling Green, KY, March 11, 1991.
- Rutledge, D. N. Research Utilization Teleconference. Moderated panel of clinical nurses who were implementing research utilization projects through the OCRUN Project. Xi Theta Chapter, STTI, February 1993.
- Rumsey, K.A., **Rutledge, D. N.**, Horrell, C.J., Mrozek-Orlowski, M., Hayes, N.A. "From research to practice: The implementation plan - Heparin vs. saline for intermittent peripheral catheter flushing," Instructional Session. Oncology Nursing Society 18th Annual Congress, Orlando, May 15, 1993.
- Rutledge, D. N. "Utilizing research in practice." Keynote, Kern County Nursing Research Conference Nursing Research: Myths and Realities, Bakersfield CA, October 16, 1993.
- Rutledge, D. N.**, Donaldson, N.E. "Innovation use in clinical practice," Workshop presented at St. Thomas Hospital – Nashville TN, November 10-11, 1993.
- Donaldson, N.E., **Rutledge, D. N.** "Improving clinical and cost effectiveness through the dissemination and utilization of best practices and research-based patient care innovations." Patient Care Leadership Team Conference for UniHealth of America, Inc., February and May 1994.

- Rutledge, D. N. "Doing the right thing - Patient care based on research." Visiting Nurses Association, Orange County, April 1994.
- Rutledge, D. N. "Improving patient outcomes - AHCPN Cancer Pain Guidelines." Moderator and Presenter. Instructional Session. Oncology Nursing Society 19th Annual Congress, Cincinnati, May 1994.
- Rutledge, D. N. "Innovation Use in Clinical Practice," Workshop/consultation presented at Northridge Hospital, September 16, 1994.
- Rutledge, D. N. "Creating order out of chaos: The role of research utilization in bridging the gap between knowledge and practice," Panel Respondent/Breakout Session Moderator. STTI's International Research Utilization Conference, Los Angeles, January 20, 1995.
- Rutledge, D. N. "Writing for publication: Steps and tips to get into print," one of 3 panelists. Xi Theta Chapter, STTI, Workshop, February 25, 1995.
- Rutledge, D. N. "Research utilization models that work." Presenter. Oncology Nursing Society 20th Annual Congress, Anaheim, April 1995.
- Rutledge, D. N. "Learning the language of research: Being a consumer of a research presentation." Roundtable Offering. Oncology Nursing Society 20th Congress, Anaheim, April 1995.
- Rutledge, D. N. "Online help for nurse researchers." Nursing Research '96: Implications for the Novice Nurse Researcher. Iota Sigma & Iota Lambda STT and City of Hope National Medical Center, March 16, 1996.
- Rutledge, D. N. "Perceptions and reality." Diarrhea in the Cancer Patient: Issues for the Oncology Nurse, Symposium sponsored by Sandoz Oncology, May 2, 1996.
- Rutledge, D. N. "An overview of research utilization in nursing." Oncology Nursing Society/Janssen Invitational Research Utilization Pain Conference, Titusville NJ, July 15-16, 1996.
- Donaldson, N.E., **Rutledge, D. N.**, Pravikoff, D., Levy, J. "CINAHL Clinical Innovation Database Project: Moving new knowledge into practice." Western Institute of Nursing, 11th Annual Communicating Nursing Research Conference, Nursing, Portland OR, May 1-3, 1997.
- Donaldson, N.E., **Rutledge, D. N.**, Pravikoff, D., Levy, J. "CINAHL Clinical Innovation Database Project: Ensuring database integrity." Western Institute of Nursing, 12th Annual Communicating Nursing Research Conference, Phoenix AZ, May 7-9, 1998.
- Rutledge, D. N. "Pain assessment in cognitively impaired adults." ANA Research Utilization Conference, San Diego CA, June 1998.
- Rutledge, D. N. "Clinical guidelines – Development and relationship to standards of care." European Oncology Nursing Society Convention, Research for Practice. Prague Czech Republic, April 2000.
- Rutledge, D. N. "Mythbusters – how to give evidence-based care." ONS 25th Congress, San Antonio, May 2000. Moderator, International Symposium. "WISECARE – Evidence-based symptom management in Europe." ONS 26th Congress, San Diego, May 2001.
- Rutledge, D. N. "Practice implications - Cognitive changes and pain in persons with cancer." Fox Chase Cancer Center, Philadelphia PA, October 17, 2001.
- Rutledge, D. N. & Bookbinder, M. "How do I do evidence-based practice?" 2nd Annual Institutes of Learning, ONS, St. Louis MO, November 9-11, 2001.
- Rutledge, D. N. "The Oncology Nursing Society Online Evidence-based Practice Resource Center." 1st Annual ONS Advanced Practice Nurse Retreat, West Palm Beach FL, November 29 – December 2, 2001.
- Rutledge, D. N. "Evidence-based practice process model related to management of neutropenia" at ATAQ (Appropriate Treatment Assures Quality) Workshop "Nurses Making a Difference," Los Angeles, June 8, 2002.
- Rutledge, D. N. "Keynote: Evidence-based oncology nursing practice." California Connection VII, Sacramento, May 17-18, 2002.
- Rutledge, D. N. & Bookbinder, M. "Keynote: Moving towards evidence-based practice." Oncology Nursing Society, Advanced Practice Nurse Retreat 2002, November 15-17, 2002.
- Rutledge, D. N. "Moving towards evidence-based practice in oncology nursing." San Diego Chapter Oncology Nursing Society, January 16, 2003.
- Rutledge, D. N. "Evidence-based practice for oncology nursing." Oncology Nurses Connect 2003 Program, Rancho Mirage CA, April 4, 2003.
- Rutledge, D. N. Focused Discussion Session on "Building capacity for organizational evidence-based practice." Sigma Theta Tau International Evidence-Based Practice Pre-Conference, St. Thomas Virgin Island, July 9, 2003.
- Rutledge, D. N. Nursing Grand Rounds, Harbor UCLA Medical Center, Torrance CA, "Moving towards evidence-based practice," 7/24/03.
- Rutledge, D. N. "Putting your pen where your mouth is - Writing for publication." STTI Nursing Honor Society Odyssey 2004 Charting a New Course in Nursing, San Diego, October 21-22, 2004.
- Rutledge, D. N. "Evidence-based practice and the role of the clinical nurse specialist." CACNS Navigating the CNS Role:

- Sailing Towards Excellence, La Jolla CA, October 29, 2004.
- Rutledge, D. N. "Modularizing a seminal research course." 8th Annual CSU Symposium on University Teaching, Pomona CA, April 2, 2005.
- Rutledge, D. N. "Evidence based practice: Putting together the puzzle," San Diego Nursing Research Conference "Nursing Research: Making Evidence Based Practice A Reality," San Diego CA, May 13, 2005.
- Rutledge, D. N. (13 July 2005). "Evidence-based poster presentations: An innovative approach to master's projects." International Evidence-Based Nursing Preconference, Sigma Theta Tau International, Waikoloa HI.
- Rutledge, D. N. Presenter, Focused Discussion Session. (13 July 2005). "Searching for clinical evidence from basic science findings." International Evidence-Based Nursing Preconference, Sigma Theta Tau International, Waikoloa HI.
- Rutledge, D. N. Presenter, Symposium (13 July 2005). "CalNOC Partners to Reduce Patient Falls Project – Leveraging partnerships, performance, and evidence through coaching for excellence." International Evidence-Based Nursing Preconference, Sigma Theta Tau International, Waikoloa HI.
- Rutledge, D. N. (16 July 2005). "Evidence-based practice: What's a chapter to do?" Mentorship Weekend, Oncology Nursing Society, Pittsburgh PA.
- Rutledge, D. N. (17 Nov 2006). "Basics of Evidence-based practice" AND "Evidence-based processes: Making them happen." University of California Irvine Medical Center Fall Nursing Symposium.
- Rutledge, D. N. (9 Mar 2007). "Basics of Evidence-Based Practice: Beyond 2007" St. Joseph Hospital Student Nurses' Day, Orange CA.
- Rutledge, D. N. (28 Mar 2007). "Evidence-Based Practice – What's the Big Deal?" Nu Iota Chapter Sigma Theta Tau International "Research Day," Reno NV.
- Rutledge, D. N. (3 May 2007). "Evidence-Based Practice: Whose Responsibility?" Orange County Nurse Executives/Nursing Education Consortium, Fullerton CA.
- Rutledge, D. N. (4 May 2007). "Basics of Evidence-based practice" AND "Evidence-based processes: Making them happen." City of Hope National Medical Center EBP Fellowship, Duarte CA. Repeated x 3/year x 3 years.
- Rutledge, D. N. (14 June 2007). "Evidence-Based Practice for Managers." City of Hope National Medical Center, Duarte CA.
- Rutledge, D. N. (4 August 2007). "Practical Applications of Web-based Education." 74th Annual Meeting of American Association of Nurse Anesthetists, Assembly of School Faculty, Denver CO.
- Rutledge, D. N. (4 October, repeated 29 November, 2007, January 2008, December 2010, December 2011). "Basics of Evidence-based practice" AND "Evidence-based processes: Making them happen." City of Hope National Medical Center EBP Fellowship, Duarte CA.
- Rutledge, D. N. (2 April 2009). "Translating Research into Practice Locally and Globally." Azusa Pacific University/Iota Sigma Chapter STTI conference. Asuza CA.
- Rutledge, D. N. (2009, 2010, 2011). Making practice changes: Being theoretical and realistic. Invited presentation at the Oncology Nursing Society Foundation Institute for Evidence-based Practice Change.
- Rutledge, D. N. (2012, August 9). Improving nursing practice and patient care through evidence based practice: What's your role? Sponsored by Kaiser Permanente West Los Angeles. Century City, CA.
- Rutledge, D. N. (2014 October). Writing abstracts. Joint Southern California Chapters of Sigma Theta Tau International Odyssey 2014, San Diego CA.
- Rutledge, D. N. (2015 May). Nurse capacity to care for behavioral health patients. Loma Linda Medical Center Research Day.

Abstracts in proceedings of conferences

- Rutledge, D. N. (1986). Factors related to womens' practice of breast self-examination. *Proceedings of the Eleventh Annual Congress of the Oncology Nursing Society* (p.57), supplement to *Oncology Nursing Forum*, 13(2).
- Rutledge, D. N. (1989). Effects of age on lump detection accuracy following instruction in breast self-examination. *Proceedings of American Cancer Society First National Conference on Cancer Nursing Research*, Atlanta, November 30-December 2.
- Rutledge, D. N. (1992). Effects of age on accuracy of lump detection in simulated breast models. *Voyage to the Future through Nursing Research*, Proceedings of Sigma Theta Tau 1992 International Nursing Research Conference, Columbus Ohio, May 19-21.
- Rutledge, D. N. (1992). Effects of age on sensitivity in breast examinations. Proceedings of *International Colloquium on Primary Health Care* 1992, Montreal, May 21-23.
- Raymon, N.J., & Rutledge, D. N. (2000). Changes in well being of women cancer survivors following a survivor weekend experience. Abstract. *Oncology Nursing Forum*, 27, 353.
- Rutledge, D., Cunningham, M. et al. (2003). Synthesis of research evidence: collaboration among practitioners, educators, researchers. Abstract. *Oncology Nursing Forum*, 30, 145.

- McGuire, A., & Rutledge, D. N. (2005). Oral care attitudes in nurses and ventilator associated pneumonia before and after a new oral care protocol. Proceedings of San Diego Nursing Research Conference "Nursing Research: Making Evidence Based Practice A Reality," San Diego CA, May 13.
- Greenberg, C.S., & Rutledge, D. N. (2005). Teaching students to use a body of evidence [Abstract]. *Journal of Pediatric Nursing, 20*, 227.
- Matten, P., Chung, E., Rutledge, D., & Wong, S-F. (2007). Implementing a smoking cessation training program for staff nurses at a community hospital [Abstract]. *Oncology Nursing Forum, 34*, 478.
- *Rojas-Cookey, T., Rutledge, D. N., & Grant, M. (2007). The Nurse Complementary and Alternative Medicine Instrument: Stability testing [Abstract]. *Oncology Nursing Forum, 34*, 547.
- Rutledge, D. N., Mouttapa, M., Jones, C.J., & *Lewis, D. (2008). Effects of essential oils on symptoms of exercising women with fibromyalgia [Abstract]. *Proceedings of the Western Institute of Nursing, USA, 41*, 482.
- Rutledge, D. N., Donaldson, N.E., Geiser, K., & Aydin, C.E. (2008). Can coaches impact fall prevention efforts and fall rates in California hospitals? [Abstract]. *Proceedings of the Western Institute of Nursing, USA, 41*, 432.

Research Experiences

Dissertation: Factors Related to Women's Practice of Breast Self-Examination, 1985.

- Co-Principal Investigator with Charles Saunders M.D. "Cardiovascular Health Belief Model Questionnaire Validation Study." Pilot work for study "Effects of CPR Instruction on Cardiovascular Attitudes, Behaviors, and Beliefs in Adolescents." 1985-1986. Larger study not funded.
- Co-Principal Investigator with William Hartmann, M.D., Alan Winfield, M.D., Pat Oney Kinman, RN, MSN. "Exploration of Factors Affecting Mammography Behaviors in Employed Women." Funded through Vanderbilt University Medical Center, Department of Pathology, 1985-1986.
- Project Director for "Drug-Induced Shivering: Effects of a Nursing Measure," (Principal Investigator: Barbara I. Holtzclaw) National Center for Nursing Research, 1 ROI NR018790 01, 1988-1990.
- Project Coordinator, Orange County Research Utilization in Nursing Project, (Principal Investigator: Nancy Donaldson) Division of Nursing, 1992- Nov 1994.
- Co-Investigator (P.I. N.E. Donaldson). "California Research Utilization in Nursing," Approved Agency for Health Care Policy and Research, 1993; not funded.
- Co-Investigator. (P.I. N.E. Donaldson). "CalNOC Partners to Reduce Patient Falls Project." Agency for Health Care Research & Quality, 1-U18 HS 13704-01; 2002-2006.
- Co-investigator on an epidemiologic survey of FM patients (2006); Funding from the National Fibromyalgia Association, 2005-06.
- Co-investigator (with Principal Investigator Jessie Jones (Kinesiology). "Effects of topical 024 essential oils on level of exercise during a 12-week exercise program for women with fibromyalgia: A randomized, placebo controlled study." Funded by Swiss Medica for \$259,200, 2005-06.
- Principal Investigator (with Co-PI Amy Waunch) "Emergency Department Pediatric Temperature Study." Gamma Tau Chapter Sigma Theta Tau International, \$4000, 2007.
- Co-Investigator (PI Jones). FAME Project: Fibromyalgia Assessment, Management, and Education. UniHealth Foundation 06/01/07—12/30/09. \$298,102.
- Co-investigator. Project #6 (Jones, Zettel-Watson, co-PIs), "Prevalence, Type, and Severity of Chronic Pain among Overweight/Obese, Low Income Latino Adults Aged 40+." Centers for Disease Control 09/01/09--09/02/10. Interdisciplinary Approach to Address Obesity: From Infancy through Adulthood (PI: S. McMahon).
- Principal Investigator (Co-Is: Rose, Jones). "Circumstances of Falls among People with Fibromyalgia." California State University, Fullerton 03/01/10-02/28/11. \$5000.
- Principle Investigator (Co-Is: Jones, Cherry, Zettel-Watson, Rose). "Physical and Cognitive Status of People Aged 50+With and Without Fibromyalgia: A Longitudinal Study." California State University, Fullerton 03/01/11-03/01/12. \$5000.
- Co-Investigator (with Barbara Cherry, Psychology). "Fibromyalgia Research & Education Center: Center and Institute Planning and Expansion Program." \$15,000, CSUF.
- Principal Investigator (with Patricia Cantero, Latino Health Access). "Barriers and Facilitators to Chronic Pain Management in Low Income Overweight Hispanic Adults." University of California Irvine Institute for Clinical & Translational Sciences Community Engagement Unit Campus-Community Research Incubator Grant, \$4500.

Proposals Submitted

- Principal Investigator, "Effects of Two Instructional Methods on Breast Self-Examination Compliance." Grant Wright, President, Inventive Products Inc., Decatur, Illinois. Unfunded, 1989.
- Principal Investigator, "Effectiveness of the Sensor Pad™ on Lump Detection". American Cancer Society Institutional

Research Grant. \$9711. Approved, not funded, 1990.

Principal Investigator, "Effectiveness of Nurse-Directed Instruction on Lump Detection Accuracy" American Cancer Society Institutional Research Grant. \$8163. Approved, not funded, 1991.

Principal Investigator, "Collaborative Distance Baccalaureate Nursing Program." Department of Health & Human Services, Public Health Service, Health Resources and Services Administration. \$1,115,159. Approved, not funded, 2003.

Co-Investigator (with Principal Investigator Katie Skelton). "Clinical expert facilitators of EBP." AONE for \$8000, 2008. Unfunded.

Co-Investigator (with Barbara Cherry, Psychology, Jones, Zettel-Watson). "Impact of Lifestyle Physical Activity on Biobehavioral Indicators in Chronic Pain." NIH R21, \$150,000. Submitted October 2010. Unfunded.

Co-Investigator (with Carter Rakovski, Sociology), "Compassion Fatigue and Secondary Traumatic Stress among Direct Care Workers." National Institute for Occupational Safety and Health (NIOSH) Small Research Grants Program (R03), Submitted June 2011. Unfunded.

Principal Investigator (with Debra Rose, Kinesiology). "Effect of a comprehensive balance/mobility program in persons with fibromyalgia." CSUF Incentive Grant, \$10,000, March 2012-Feb 2013.

Misc. Grants

Principal Investigator, "Effectiveness of the Sensor Pad™ on Lump Detection". Vanderbilt University Research Council. March, 1990 - June 30, 1991. \$4317.

Principal Investigator, "Sensor Pad™ Effectiveness Study." Private award, Inventive Products Inc. (Grant Wright, President; Decatur, Illinois).

Principal Investigator, Pilot Work for "Effectiveness of the Sensor Pad™ on Lump Detection". Dean's Fund for Research, Vanderbilt University School of Nursing, July 1, 1988 - June 30, 1989. \$500.

Co-PI's: **D. N. Rutledge**, N.E. Donaldson, "Effects of Regional Networking and Continuing Education on RN Research Use," Gamma Tau Chapter, Sigma Theta Tau, February 1994. \$2000.

Patient Safety Consultant. (P.I. C. Latham). "University-Service Collaboration for Nurse Retention." HRSA; 2004-2008. Development of needs based educational programs for hospital staff focusing on 3 patient safety indicators.

EDITORIAL/REVIEW ACTIVITIES

Ad hoc reviewer, *Western Journal of Nursing Research*, *Journal of Professional Nursing*, *Psychology, Health, & Medicine*, *Journal of Nursing Scholarship*, *Applied Nursing Research*, *California Journal of Health Promotion*, *BMC Health Services Reviews*, *Journal of Advanced Nursing*, *Nursing Research*, *The Journal of Rheumatology*, *Clinical Journal of Pain*, *Disability & Rehabilitation*, *Worldviews on Evidence-Based Nursing*, *American Journal of Nursing*, *Oncology Nursing Forum*, *Preventive Medicine*

PCORI (Patient Centered Outcomes Research Institute) Merit Reviewer and Co-Chair, Dissemination and Communication Panel, 2013.

Reviewer, 2012 Campus Community Research Incubator (CCRI) Award application review committee. Institute for Clinical and Translational Science, University of California, Irvine

Reviewer, 2012 Welsh National Institute for Social Care and Health Research (NISCHR), Research Funding Scheme.

Reviewer, 2006 ONS PEP¹ Resources on Pain. Evaluated PEP Card, PEP Website Information, tables of evidence for primary studies, reviews, guidelines.

Reviewer, Professional Development and Issues 2005 *AJN* Book of the Year Award.

Non-Great Britain Reviewer, 2005 National Cancer Research Institute Supportive and Palliative Care Research Collaboratives, Funding by Department of Health, Marie Curie Cancer Care, Macmillan Cancer Relief, Cancer Research UK, Medical Research Council UK.

Reviewer, Manuscript Central™ software for the Oncology Nursing Press, 2002. This is software used by journal editors and manuscript submitters.

Problem and Intervention Resource (PAIR) reviewer, *ONOnline*, 2002. PAIR is an online alphabetized, cross-referenced, quick reference to symptoms associated with cancer and cancer treatments.

Contributing Editor, *ONSNews*, 2001 – 2004.

Guest Editor, *Seminars in Oncology Nursing*, Evidence-Based Oncology Nursing Practice, February 2002.

Advisory Board, CSUDH Student Online Journal, Dominguez Hills CA, 2000-2001.

Editor, *Clinical Oncology Update. A Nursing Perspective*. Philadelphia: Churchill Livingstone, 2000-2001.

Co-Editor, *CINAHL Online Journal of Clinical Innovations*, Glendale CA, 1995 – 2008.

Reviewer, Mosby-YearBook, Inc., 1989.

¹ Putting Evidence into Practice

PROFESSIONAL ORGANIZATION PARTICIPATION

UCSF Centre for Evidence-based Patient Care Quality Improvement, A Joanna Briggs-Affiliated Center. Founding Faculty Member.

American Nurses' Association

Tennessee Nurses' Association, 1980-92 California Nurses' Association, 1992-95.
California Council of Nurse Researchers, 1992-95.
ANA/C, 1996-2002; 2009-present.

Sigma Theta Tau (National Honor Society for Nursing) Iota Chapter, 1985-91.

Nursing Research Committee, Iota Chapter STT, 1986-91.

Chair, 1988-89.

Gamma Tau (UCLA) Chapter, 1992 - 2006.

CSUF Nursing Honor Society, 2003 - present.

Chair, Research Committee, 2003 – 2009.

Upsilon Beta (CSUF) Chapter, 2006 - present.

Oncology Nursing Society

National: 1985 - present.

Work team for expansion of *ONSConnect*, 2012.

Evidence-Based Practice Advisory Team, 2009-2011.

Work team for relaunch of *ONSNews*, 2006-2007.

Work team consultant, ONS regional conferences, 2004.

Consultant, Advanced Practice Nurse EBP Work Group, 2001, 2002.

Contributing Editor, *ONSNews*, 2001-2005.

Team Leader, Online Evidence Based Practice Resource Center, 2001: <http://www.ons.org>

Coordinated/moderated International Symposium, Congress 2001.

Work team to plan Cancer Nursing Research Conferences, Newport Beach CA, 2001
Jacksonville FL.

Research Grant Review Committee: 1990-95. Chair, 1994, 1995.

Ortho Biotech Practice Change Grant Reviewer, 2003.

Research Committee, Core Member, 1992-94.

Collateral Member, 1990, 1991

Moderated Advanced Research Abstract Session, ONS Congress, 1993.

Headed up revision of Directory of Nurse Researchers, 1990-91.

Congress Committee, 1994-96.

Orange County Chapter (OCONS): 1996 - present.

Committee, joint conference with Greater Long Beach Orange County Chapter AACN/OCONS "Caring Critically for Oncology Patients", October 3, 2003.

Website administrator, 2001-2008.

Director at Large, 1996-97; 1999-2001.

President-Elect, 1997-98; President, 1998-99.

Middle Tennessee Chapter (MTCONS): 1985-91.

MTCONS Conference Committee: 1985, 1989.

Board of Directors, MTCONS, 1986-90.

Chair, Women with Cancer Conference dinner committee, 1987.

Treasurer, MTCONS, 1988-90.

Chair, Nominating Committee, 1989-90.

Western Society for Research in Nursing/Western Institute of Nursing, 1993 - 2002.

University of California, Irvine. 1992-1998.

University of California at Irvine Community Alliance for Research in Nursing.

Chair, 1994-96.

Nominating Committee, 1994.

CSUF and UCI-CFCCC Partnership for Cancer Health Disparities Research

Member, Internal Advisory Committee, 2014; Chair, 2015...

Southern Nursing Research Society, 1987-92, 2001-02.

Chair, Abstract Review Panel, 6th Annual Conference, 1992.

Vanderbilt Council of Nurse Researchers. 1985-87.

COMMUNITY ORGANIZATION PARTICIPATION

California State University at Fullerton, College of Nursing Advisory Committee, Fall 1999 – 2002.

American Cancer Society, Nashville/Davidson County.

Nursing Education Committee, 1982-1984.

Board of Directors, 1988 - 1991.

Service and Rehabilitation Committee, 1988 - 1991; Chair, 1989-1990.

American Cancer Society, Orange County.

I Can Cope facilitator, 2002.

The Wellness Society of Orange County

Professional Advisory Board, 2003 - 2006.

National Fibromyalgia Association.

Fibromyalgia Epidemiological Task Force, Core Committee, Appointed December 2004.

City of Hope National Medical Center, Duarte CA.

Advisory Board for Evidence-Based Practice 2005 - 2008.

CONSULTANT ACTIVITIES

Nursing research on fatigue in patients receiving biological response modifiers; Biotherapy Study Group, Franklin, TN; 1988-1990.

Consultant, "Evaluation of Three Oral Care Protocols for Patients Receiving Stomatotoxic Agents" (Principal Investigator: Debra Wujcik). Approved but not funded 1988, Oncology Nursing Foundation/Bristol Myers Grant.

"Best Practices: Health Care Innovations," with Nancy E. Donaldson, Director, Clinical Effectiveness and Outcomes, UniHealth of America, Inc. A 2-day seminar for patient care leaders, spring 1994-95.

Conducted organizational assessment of research expertise resources and developed strategic goals related to research conduct and utilization; identified clinical problems suited to research conduct and utilization; spearheaded organizational process of wound care standardization; presented organizationally specific continuing education for staff nurses. 1993-95. (University of California, Irvine Advancement of Research in Nursing, Pilot project for Visiting Nurses Association of Orange County).

Identification of clinical issues/utilization of current research, February 1995. (Hoag Hospital, Newport Beach CA).

Analysis of best practices, report writing, continuing education for nurses on use of innovations in practice, change theory. (Unihealth of America, Nancy Donaldson, Director of Quality Improvement and Best Practices; 1993-95).

Designed, carried out survey to determine nurses' perceptions of diarrhea incidence, treatment in patients with cancer.

Worked with members of speakers' panel on diarrhea education for nurses; developed audiovisual presentation for multiple users. Presented paper "Diarrhea in the Cancer Patient: Perceptions and Reality" at Symposium, ONS

Congress, May 1996. Manuscript (Authors: Rutledge and C. Engelking), "Cancer-Related Diarrhea: Selected Findings of a National Survey of Oncology Nurse Experiences" published June 1998 in *Oncology Nursing Forum*. Applied

Clinical Communications/Sandoz Oncology (now Novartis). Nursing Workforce on Diarrhea Management, 1995-96.

Data analysis and synthesis, pain management at a home health care agency (Judith Chodil, Principal Investigator; project dates, 1995-97).

Consultant on a series of projects, both data-based and curricular, dealing with values in medical students, use of standardized patients in medical education and for evaluation of foreign medical graduates, and development of computer-assisted learning in core oncology content for medical students/residents. Developed quality control program of Student Training Center, starting with needs assessment of physician faculty, medical students. (Ellen Lewis, Director, Medical Education Training Center and Coordinator, Nursing and Allied Health; University of California, Irvine College of Medicine, 1995-2002).

Webmaster and Project Associate, California Strategic Planning Committee in Nursing/Colleagues in Caring (CSPCN/CIC), 1996-2002. (<http://www.ucihs.uci.edu/cspcn>) Robert Wood Johnson Foundation, E.M.Lewis, Project Investigator, UC Irvine.

Director, Cancer Nursing Research Course and Coordinator, Cancer Nursing Research Utilization Short Course, sponsored by Oncology Nursing Society/National Cancer Institute (Marcia Grant, Principal Investigator; 1997-2003; NCI funding: \$433,600). Primary responsibility for fall research utilization course. Developed Preparation Packet for students, fall 2000.

"Breast Cancer Detection Knowledge, Attitudes, and Beliefs in Pennsylvania Women." (Andrea Barsevick, Principal Investigator; funding Womens' Clubs of Pennsylvania; project dates, 1995-99). Carried out data analysis, wrote

manuscript, developed educational plan.

Co-editor/Author, *Online Journal of Clinical Innovation* (www.cinahl.com select *OJC*), a series of literature syntheses focusing on clinically relevant knowledge utilization and evidence-based practice implications, Cumulative Index of Nursing and Allied Health Literature, (1995 -present)

"Efficacy of epidural pain management for patients with colon and rectal resection," St Jude Medical Center (Sharon Dickerson, nursing investigator, Steve Wilson, M.D.; 1996-1998, inactive).

Evaluation of nurses' attitudes and knowledge of pain management: a multisite study. Judith Chodil, Principal Investigator; D. Rutledge, Data Manager. Sponsored by the OCRUN Focus Group on Pain Management. 1997-1999. Status: Completed data collection/analysis.

Evaluation of the Healing Odyssey Program (Nancy Raymon, Principal Investigator; D. Rutledge, consultant and Project Coordinator). Oncology Nursing Foundation (\$7500); Healing Odyssey Inc. (\$5000). 1998-2001.

Consultant CSU Dominguez Hills. (Project Coordinator, Judith Chodil) Student online journal. 1999-2001. Online CE workshop development, implementation (10/4 – 11/18/00).

Editor, *Clinical Oncology Nursing Updates*. Philadelphia: Churchill Livingstone, 2000.

Consultant Competency-based Role Development Project Pilot Implementation Team (CSPCN/CIC work group). (Project Coordinator, Sarah Keating; Co-Chairs: Arlene Sargent, Polly Walker) Carried out pilot study evaluating presence of role-based differentiated practice descriptors in job descriptions, performance appraisals from 22 California hospitals. Assisted in implementation of alpha site selection for project. June 2000-Dec 2001. Status: pilot study completed.

Consultant, ONS Advanced Practice Retreat Work Group on Evidence-Based Practice (Team Leader, Mary Cunningham). Helped prepare program for 4-day retreat 2001, served as consultant for follow-up activities (4 literature syntheses developed by teams of advanced practice nurses, educators, researchers).

Consultant, Center for Research & Innovation in Patient Care, University of California San Francisco School of Nursing. 2001-2003. Assisted nurses to focus quality improvement project related to abdominal distention in patients recovering from scoliosis repair surgery. Assisted work team to prepare questionnaires - for staff and for parents – for survey related to patient care surrounding pediatric palliative care. Provided focused literature search on psychosocial effects of hospitalization for children and adolescents with chronic illness. Focused on dissemination of nurse work satisfaction data across multisites/units. Consulted on manuscript re: falls/restraint use for CalNOC.

Consultant, ONS Advanced Practice Retreat on Evidence-Based Practice (Team Leader, Lauryl Matey). Co-keynote speaker, speaker at 2 of 4 breakout sessions for 3-day retreat November 2002.

Consultant on evidence-based practice, St. Jude Medical Center, Fullerton CA, 2005-2010.

Consultant on Magnet Accreditation, research facilitation. Northridge Medical Center (CA), 2008-2010.

Consultant on Magnet Accreditation, research facilitation. Torrance Memorial Medical Center (CA), 2010.

Ad hoc advisory board for the Evidence-Based Practice Project team at the City of Hope Medical Center, 2005-2011. Nursing Research consultant. St. Joseph Hospital, 2014 - .