

CURRICULUM VITAE

Elaine M. Rutkowski, PhD, RN, CNS, PHN

EDUCATION:

Degree conferred: **PhD, University of San Diego,**
Philip A. Hahn School of Nursing and Health Sciences,
San Diego, CA

Degree conferred: **MSN, University of Pennsylvania,**
School of Nursing, (CNS, Community Health)
Philadelphia, PA

Degree conferred: **BSN, Villa Maria College,**
Erie, PA,

EXPERIENCE:

2016-Current **California State University**
Fullerton, CA, Professor, School of Nursing

2016-2018 **California State University**
Fullerton, CA, Interim, Research Compliance Officer

2013-2016 **California State University**
Fullerton, CA, Associate Professor, School of Nursing

2008-2013 **California State University**
Fullerton, CA Assistant Professor, Department of Nursing

2001-2008 **California State University**
Fullerton, CA Full-Time Lecturer, Department of Nursing

1998-2001 **Mount St. Mary's College**
Los Angeles, CA, Full-Time Instructor, Department of Nursing

1997-1998 **Azusa Pacific University,**
Azusa, CA, Clinical Instructor/School of Nursing

1997-1998 **University of Phoenix,**
(Santa Ana, CA) Part-Time Instructor

LICENSE/CERTIFICATIONS:

CA Registered Nurse, 338717 8/81-Active/Current
Clinical Nurse Specialist, 566 10/98-Active/Current

Public Health Nurse, 59196 6/98-Active/Current

Scholarly/Creative Accomplishments

Sabbatical Award *Ten-Year Evaluation of the WeROCK Program.*
(Fall, 2020-Spring, 2021)

Office of Research and Sponsored Projects Development & Implementation: *Evisions Cayuse Electronic Applications for Submission to CSUF Institutional Review Board*
(Summer 2017-Spring, 2018)

Office of Researched and Sponsored Projects Development & Implementation: *CSUF Responsible Conduct of Research (RCR) Policies/Procedures* (2016-2018)

Doctoral Dissertation

Rutkowski, E. (2008). *Obesity Risk Knowledge, Self-Efficacy, and Physical Activity in Families of Adolescents.* University of San Diego, Hahn School of Nursing and Health Science., (unpublished).

PUBLICATIONS

Professional Journals

Rutkowski, E., Perez, A., Connelly, C. (2022). (In review). Long-term implications of a community-based running program for middle school students. *The Journal of School Nursing.*

Parsons, K., **Rutkowski, E.,** Turel, O. (2019). Health behavior knowledge among Hispanic California Islanders: Evaluation of parental educational Intervention. *Journal for Specialists in Pediatric Nursing.* Accepted, February, 2019. doi: 10.1111/jspn.12235

Rutkowski, E. (2017). Tuned in: Connecting nursing student's learning to the news. *Journal of Nursing Education*56, (4), 251-252

Pinkerton, S., Wilson, K, **Rutkowski, E.** (2016). From the workplace to the home: An employee wellness program targeting families. *California Journal of Health Promotion, 14, 3, 31-44.*

Rutkowski, E., Velez, A. (2016). A program to reduce musculoskeletal disorders and promote health in nursing students. *Journal of Nursing Education and Practice, 6,(10),* doi:10.5430/xyz.vlnlpl

Rutkowski, E., Connelly, C. (2016). Adolescent obesity risk knowledge (AORK): Let the discussion begin. *Journal for Specialists in Pediatric Nursing (JSPN),21, 37-43.*

Rutkowski, E., (2016). A nod to the past and a look to the future. *California Journal of Health Promotion, 14, 1, vi-vii.*

Rutkowski, E., Brimer, D. (2014). Physical education issues for students with autism: A school nurse challenge. *The Journal of School Nursing, 30* (4), 256-261.

Rutkowski, E., Connelly, C. (2012). Self-efficacy and physical activity in parent/adolescent dyads. *Journal for Specialists in Pediatric Nursing, 17,* 51-60.

Rutkowski, E., Connelly, C. (2011). Obesity risk knowledge and physical activity in families of adolescents. *Journal of Pediatric Nursing, 26* (1), 51-57.

James, K., Connelly, C., **Rutkowski, E.,** McPherson, D., Garcia, L. Mareno, N., & Zirkle, D., (2008). Family-based weight management with Latino mothers and children. *Journal for Specialists in Pediatric Nursing (JSPN), 30*(30), 1-14.

Rutkowski, E. (2008). "Learning it forward": Creating an assignment for emergency preparedness. *Journal of Nursing Education, 41*,2, 92.

Rutkowski, E. (2003). Move around a bit! *Home Healthcare Nurse, 21,* 6, 419-20.

Book Chapters

Rutkowski, E. (2014). Diseases and Conditions of the Digestive System. In M. Frazier & J. Drzymkowski (Eds). Chapter 8: Essentials of Human Diseases and Conditions, 6th edition. Elsevier.

Rutkowski, E. (2012). Vital Signs: Temperature
In V. Bowden & C.S. Greenberg (Eds.), *Pediatric procedures.* Philadelphia: Lippincott, Williams & Wilkins.

Rutkowski, E. (2012). Vital Signs: Heart Rate. In V. Bowden & C.S. Greenberg (Eds.), *Pediatric procedures.* Philadelphia: Lippincott, Williams & Wilkins.

Rutkowski, E. (2012). Pediculosis and Scabies Management
In V. Bowden & C.S. Greenberg (Eds.), *Pediatric procedures.* Philadelphia: Lippincott, Williams & Wilkins.

Rutkowski, E. (2008). Vital Signs: Blood Pressure. In V. Bowden & C.S. Greenberg (Eds.), *Pediatric procedures.* Philadelphia: Lippincott, Williams & Wilkins.

Rutkowski, E. (2008). Vital Signs: Heart Rate. In V. Bowden & C.S. Greenberg (Eds.), *Pediatric procedures.* Philadelphia: Lippincott, Williams & Wilkins.

Rutkowski, E. (2008). Vital Signs: Respiratory Rate. In V. Bowden & C.S. Greenberg (Eds.), *Pediatric procedures*. Philadelphia: Lippincott, Williams & Wilkins.

Rutkowski, E. (2008). Vital Signs: Temperature. In V. Bowden & C.S. Greenberg (Eds.), *Pediatric procedures*. Philadelphia: Lippincott, Williams & Wilkins.

PRESENTATIONS

International Presentations

Rutkowski, E., Connelly, C. (2015, November). Poster presentation (peer reviewed). *Adolescent Obesity Risk Knowledge (AORK): Let the Discussion Begin*. Obesity Week, 2015: 33rd Annual Scientific Meeting of The Obesity Society: Share, Learn, Connect. Los Angeles, CA.

Rutkowski, E. (2013, December). *Nursing and the Obesity Epidemic: Interventions for Families*. Podium presentation. International Conference on Nursing & Emergency Medicine (Nursing-2013): “Exploring the Current Issues and Challenges in the Path of Nursing and Emergency Medicine”. Invited presentation: (Dec 1-4, 2013), Las Vegas, NV.

Rutkowski, E. (2013, November). *A New Measure to Validate Obesity Related Knowledge in Adolescents*. Poster presentation (peer reviewed). 31st Annual Scientific Meeting of the Obesity Society: Research. Education. Action. Obesity Week, November 11-16, 2013. Atlanta, GA.

Rutkowski, E. (2009, February). *Obesity Risk Knowledge, Efficacy, Activity in Families of Adolescents*. Podium presentation. 10th Annual Evidence-Based Practice National/International Conference: Translating Research into Best Practice with Vulnerable Populations. Phoenix, AZ.

Rutkowski, E (1995, May). *The Evolving Process of Evolving Outcomes Evaluation*. Podium presentation. Priory Hospitals Group Annual Medical Directors Retreat. London, UK. (Invited).

National Presentations

Rutkowski, E., Connelly, C. (2015, October). Poster presentation (peer reviewed). *Adolescent Obesity Risk Knowledge (AORK): Let the Discussion Begin*. Council for the Advancement of Nursing Science (CANS), 2015 Special Topics Conference: Emerging Areas of Family Health Research across the Lifespan. Washington, D.C.

Rutkowski, E., (2013, April). Poster presentation (peer reviewed). *Pilot Study: WeROCK: An after school physical activity for middle school students*. 2013 Western

Institute of Nursing, "Creating a Shared Future of Nursing: Research, Practice, and Education". Anaheim, CA

Rutkowski, E., Connelly, C. (2012, April).Poster presentation (peer reviewed) *Validating a Measure for Obesity Risk Knowledge in Adolescents*. 2012 Western Institute of Nursing, Portland, OR

Rutkowski, E., Connelly, C. (2011, May).Poster presentation (peer reviewed) *Instrument for Primary Care Clinicians to Assess Obesity-Risk Knowledge of Adolescent Patients*. Obesity Treatment & Prevention: Practical Tools and Strategies for Managing Overweight and Obese Patients. Centers for Obesity Research and Education (CORE): San Francisco, CA

Rutkowski, E., Connelly, C. (2011, April). Poster presentation. (peer reviewed) *Making Progress: A Measurement Tool for Obesity Risk Knowledge in Adolescents*. 2011 Western Institute of Nursing, Las Vegas, NV

Rutkowski, E. (2009, May). *What's Important to Assess in Adolescent Families When Evaluating Levels of Physical Activity?* Podium presentation. Centers for Obesity Research and Education (CORE): Obesity: Treatment and Prevention, Las Vegas, NV (invited).

Rutkowski, E. (2009, April). *Obesity Risk Knowledge and Physical Activity in Families of Adolescents*. Podium presentation. (peer reviewed) 2009 Western Institute of Nursing: Communicating Nursing Research. Salt Lake City, UT.

Dewan, N. & **Rutkowski, E.** (1996, January). *Behavioral Healthcare Outcomes Management Skills*. Podium presentation. CentraLink, Costa Mesa, CA (invited).

Rutkowski, E. (1995, November). *Linking Clinical Outcomes to Quality Improvement*. Podium presentation. Joint Commission on Accreditation of Healthcare Organizations: National Forum on Health Care Quality. Chicago, IL.

Lindheimer, J., & **Rutkowski, E.** (1995,May). *Application of Clinical Outcomes and Patient Satisfaction Measures to Improve Quality of Care*. Podium presentation. National Conference on Mental Health Statistics, Washington, D.C.

Regional Presentations

Rutkowski, E. (2019). Keynote Speaker. Lunch and Learn. *Physical Activity Ideas for a Busy Life: How to Fit It In*. CSUF, School of Nursing, Fullerton, CA.

Rutkowski, E. (2017). Keynote Speaker, *Five Generations in Nursing's Workforce: How to Make it Work*. Villa Maria School of Nursing Distinguished Nursing Alumni Lecture Series, October 4, Gannon University, Erie, PA.

Rutkowski, E. (2017,). Keynote Speaker, *Ways to Succeed When Aging in America's Youthful Workplace*. The Center for Successful Aging 4th Annual Conference & Expo, September 29-30, Fullerton, CA.

Rutkowski, E. (2016). Keynote Speaker, *Why Do We Do This to Ourselves? Incivility in Nursing*. St. Joseph's Hospital's Annual Evidence Based Practice Conference. October 25, 2016, Orange, CA.

Rutkowski, E. (2016). Keynote Speaker. *The Four Generations in Nursing: Challenges in the Profession*. CSUF School of Nursing Spring Retreat. Fullerton, CA.

Velez, A., & **Rutkowski, E.** (2015, October). Poster presentation (peer reviewed). *A Program to Reduce Musculoskeletal Disorders and Promote Health in Nursing Students*. Sigma Theta Tau Honor Society of Nursing; Odyssey 2015 Conference: Population Health and Nursing's Role: Ethics, Leadership and Global Action. Ontario, CA

Rutkowski, E. (2013, May). Invited Speaker. *Pediatric Obesity... What Nurses Need to Know*. 5th Annual Nursing Research Conference: Catch the Wave of Excellence: From Research to Reality, Making a Difference at the Bedside. Long Beach Memorial/Miller Children's Hospital, Long Beach, CA

Rutkowski, E. (2013, February). Invited Speaker. *Adolescent Obesity... What Happened?* The Evidence Based Forum/Research Day; Sigma Theta Tau, Nu Mu Chapter. California State University, Los Angeles.

Rutkowski, E. (2012, May). Invited speaker, *Obesity Prevention Symposium, Obesity Prevention through the Life Span: Reflections of the Past and Vision for the Future*, Development of a Measure for Obesity Risk Knowledge for Adolescents. CSUF, Fullerton, CA.

Rutkowski, E. (2012, April). Invited speaker. *Taming Pediatric Obesity*. National Association of Pediatric Nurse Practitioners. San Diego and Orange County Chapters. Annual Meeting, Escondido, CA.

Rutkowski, E. (2011, March). Invited speaker. *Making an impact with families concerned with childhood obesity*. Orange County Chapter of the National Association of Pediatric Nurse Practitioners. Children's Hospital of Orange County, Orange, CA.

Rutkowski, E. (2011, February). Invited speaker. *Childhood obesity: What's a pediatric nurse to do?* Orange County Society of Pediatric Nurses. Children's Hospital of Orange County. Orange, CA.

Rutkowski, E. (2010, October). *Validating a Measure for Obesity Risk Knowledge in Adolescents*. Poster presentation. (peer reviewed) Nursing Odyssey 2010: "Creating a

Legacy of Caring: For the Work Community, the Profession, and Ourselves". San Diego, CA.

Brimer, D., & **Rutkowski, E.** (2010, April). *Physical Activity Considerations for Students with Autism*. Poster presentation.(peer reviewed) Upsilon Beta Sigma Theta Tau International Nursing Honor Society: Reaching Out in Nursing. Yorba Linda, CA

Desrosiers, J., & **Rutkowski, E.** (2010, April). *Impact Evaluation of Nutrition Classes to Increase Fruit and Vegetable Consumption in Low-Income Preschool Families: A Quantitative Study*. Poster presentation. Upsilon Beta Sigma Theta Tau International Nursing Honor Society: Reaching Out in Nursing, Yorba Linda, CA

Mickey, V., & **Rutkowski, E.** (2010, April). Creating Behavioral Health Changes in Children with Risks for Obesity from Low income and Diverse Cultures. Poster presentation. Upsilon Beta Sigma Theta Tau International Nursing Honor Society: Reaching Out in Nursing, Yorba Linda, CA

Rutkowski, E. (2008, October). *Effects of Risk Knowledge on Obesity and Activity in Adolescents*. Podium presentation. Sigma Theta Tau International; Joint Southern California Chapters: A Call to Promote Knowledge, Leadership and Service. Cerritos, CA.

Rutkowski, E. (2008, May). *Physical Activity in Families of Adolescents*. Poster presentation. Research Day. The Hahn School of Nursing, University of San Diego, San Diego, CA.

Rutkowski, E. (2008, April). *Risk Knowledge, Efficacy, Physical Activity in Families*. Poster presentation. Western Institute of Nursing: The Circle of Nursing Knowledge: Education, Practice and Research. Anaheim, CA.

Rutkowski, E. (2007, April). *Obesity Risk Knowledge, Self Efficacy, Physical Activity in Families of Adolescents*. Poster presentation. Western Institute of Nursing. 50 Years of Advancing Nursing in the West: 1957-2007. Portland, OR.

Rutkowski, E. (2007, February). *Family Connections to Obesity*. Poster presentation. Orange County Society of Pediatric Nurses. Children's Hospital of Orange County, Orange County, CA.

James, K., **Rutkowski, E.**, & Connelly, C. D. (2007, January). *Families on the Move: An Intervention for Overweight Children and Families*. Poster presentation. California Childhood Obesity Conference: *Protecting the Future of Our Children* California Department of Health Services, the California Department of Education, the U.C. Berkeley Center for Weight and Health, and The California Endowment, Anaheim, CA.

Greenberg, C. S. & **Rutkowski, E.** (2007, January). *A Collaborative Model for Promoting Healthy Lifestyles*. Poster presentation. California Childhood Obesity Conference: *Protecting the Future of Our Children* California Department of Health

Services, the California Department of Education, the U.C. Berkeley Center for Weight and Health, and The California Endowment, Anaheim, CA.

Rutkowski, E. (2006, April). *A Model for Healthy Lifestyles in Elementary School Children*. Poster presentation. Obesity: Awareness and Beyond, Forum of the Center for the Promotion of Healthy Lifestyles and Obesity Prevention, CSUF, Fullerton, CA.

GRANTS/FUNDING

Bai, Y. Lee, D., Tranilla, T., **Rutkowski, E.** (2019). Monitoring infant behavior to prevent early obesity: an AI-based smart system. *National Science Foundation*. Proposal No. 1915706 (unfunded).

Rutkowski, E., Rubin, D., Wilson. (Fall, 2015). (CSUF/College of HHD) *Healthy Lifestyles Clinic Initiative*. 3U Course Release

Rubin, D., Wilson, K., **Rutkowski, E.** (Spring, 2015). *Healthy Lifestyles Clinic Initiative*, (CSUF/College of HHD), \$9,900

Rutkowski, E. (Fall, 2012) *The evaluation of a pilot program for a community-based running organization for middle and high school students in south Orange County*. CSUF/Health Promotion Research Institute Mini- Grant, (CSUF), \$2,500

Rutkowski, E. (Spring, 2009). *An instrument to measure obesity-risk knowledge in families of adolescents*. (CSUF/Faculty Development Center Grant), \$700

STUDENT ADVISEMENT FOR SCHOLARSHIP

Nominated Student for Outstanding Student Scholarly and Creative Activities Award Application 2020, E. Lynn

Master's in Kinesiology Thesis Committee Member:

2017 Eating healthier while in college: A nutritional recommendations manual for students" (Keshonna Herndon)

2018 A narrative message: Targeting parent self-efficacy to promote physical activity to preschool-aged children (Marissa McMurry)

2018-2020 Promoting wellness for employees of small businesses (Eddie Chin)

2015 Exploring the effect of physical activity interventions that utilize relapse prevention strategies on self-efficacy (Robert Fernandez)

2015 From the workplace to the home: An employee wellness program targeting families (Sean Pinkerton)

University Honors Program, Faculty Advisor:

2020 Motherhood and Medicine: How Gender and Generational Differences Impact views of pregnancy and Childcare in the Medical Field
(Cecelia McWilliams) * awarded “Outstanding Senior Honors Project”.

2019 Antibiotic Usage in Dentistry (Razan Abuhasan)

2016 Don’t be caught without a plunger: Emergency preparedness guide
(Nadezna Nario)

SPECIAL PROJECTS/ASSIGNMENTS/EXPERTISE

Office of the President

University Search Committee for CSUF President (2018)
(Not selected)

Office of the Provost:

Search Committee, Dean, College of Health and Human Development (2022)
Search Committee, Vice Provost, (2021)
Town Hall, Facilitator, *High Impact Practices* (April, 20, 2015)
SON representative for contributions to the application for the “*Carnegie Foundation for the Advancement of Teaching*” (2013)

Office of AVP, Academic Programs, Applied for Associate Director, University Honor’s Program (not selected), (2019)

Office of AVP, Research and Sponsored Projects

Search Committee, Manager of Research Development (2019)
Search Committee, IRB Coordinator, (2017)

Office of the Dean, College, Health and Human Development:

Search Committee, Associate Dean, (2019)
Member of selection committee, Distinguished Faculty Marshall (2016)

Academic Senate Committees:

Faculty Personnel Committee (2019-2020; 2021-2023)
Honors Program Committee (2021-2023)
Athletics Advisory Committee (2021-2023)
Candidate for HHD Senator (was not elected) (2021)

University Institutional Review Board (IRB):

Developed/Implemented electronic University IRB application for CayuseIRB (2018)

Developed presentation for IRB orientation/training by committee members (2016)

University Athletic Department

Search Committee, Head Coach, Cross-County/Track & Field (2021)

Faculty Mentor, Cross-County, Distance Track (2016-present)

School of Nursing, Interim Director, responded to Dean's request for faculty to consider being a candidate for this position (2019).

Robust Aging Program (RAP) Webinar:

Invited speaker for presentation, "Physical Activities for a busy and healthy life: How to fit it in without really trying" (2021).

UNIV100 Panel Presentation:

Invited presentation to undeclared majors of first year university students. (2021).

McNair Scholars Program:

Invited presentation regarding the Institutional Review Board process (Summer, 2015)

Daily Titan (CSUF Newspaper):

"Professor combines love for running with nursing". The Daily Titan, Headline Story, (Jessica Butalla), October 13, 2015, Volume 98, Issue 23

"Nursing professor awarded for excellence". (Jessica Escorsia). September, 15, 2011.

Expertise request:

The OC Register, 2/26/14

CSUF Knowledge Byte: Rutkowski, Elaine M.

"Making the connections that sustain health". (Jessica Rubio)

Course Lead Faculty:

Professional Nursing I (NURS 305) 2001-2017

Community Health Nursing (NURS 402) 2008-2017

The Process of Teaching in Nursing (NURS 320; on-line course) 2001-2009

SERVICE

University (CSUF)

University Athletics/Faculty Advisor (2016-present), Men's/Women's Cross Country and Track & Field Teams

Co-editor, *Californian Journal of Health Promotion* (2015- current)

Vice-Chair, CSUF Institutional Review Board (2013-2017)

Member, CSUF Institutional Review Board (2008-2017)

Graduate Student Mentoring Program, Mentor (2016-2017)

Member, Experts Guide List (2014-current)

Member, Titan Insiders (2018-present) (School of Nursing, Titan Athletics)

Member of the Titan Student Union Food CSUF Advisory Committee (2008-10)

Member, CSUF Search Committee, Health Professions Coordinator (2007-2008)

Completed Equitable Pedagogy Module, (2021-22)

College of Health and Human Development (CSUF)

College of Health and Human Development, Curriculum Committee (2018-2019)

College Personnel Standards Review Committee (elected)(2017-2018)

Member, Center for the Promotion of Healthy Lifestyles and Prevention of Childhood Obesity (2004-Present)

Member, Health Promotion Research Institute [HPRI] (2008-Present)

Member, Search Committee, Director, School of Nursing (2010-2011)

Member, Professor for a Day Committee (2007-08)

Nominator, Outstanding Professor Award, Dr. Sora Tanjiseri, (2013)

School of Nursing (CSUF)

Member, Graduate Curriculum Task Force (2018)

Member, Graduate Program Committee (2012-13, 2015, 2016-current)

Member, Department Personnel Committee (2018-2019)

Member, Undergraduate Program Committee (2001-2016)

Member, Search Committee (2013-2014, 2019-2020)

Chair, Undergraduate Program Committee (2015-2016)

Member, Task Force, Center for Nursing Workforce Excellence (2008-2019)

Chair, Student Affairs Committee (2003-2004)

Member, Admissions/Progressions Committee (2008-2010)

Member, Faculty Affairs Committee (2004-2008)

Member, Task Force, Curriculum Review Committees (2009-2015)

Member of the ad hoc committee for Community Health Placements (2007-2010)

Member of the sub-committee to initiate SON mentorship program (2009-2010)

Member, Task Force, Curriculum Re-design/Implementation (2010-2015)

Member, Evaluation Committee (2011)

Designed the APA writing rubric (2008-2010)

Professional

Sigma Theta Tau: Eta Xi Chapter, Erie, Pennsylvania (1980-present)

Upsilon Beta Chapter, Fullerton, California (2006-present)*

*Reviewer for poster abstracts for annual conference, (2009; 2010, 2017)

Association of Community Health Nurse Educators (ACHNE) (2006-2018)

*Reviewer for poster abstracts for annual institute, (2009)

International Editorial Review Board Member, *Clinical Nursing Studies (CNS)* (2013-present)

Editorial Review Board Member, *Journal of Nursing*, (2013-present)

Austin Journal of Obesity and Metabolic Syndrome (2014-present)

Section Editor; Nursing and Healthcare, *Californian Journal of Health Promotion* (2013-present)

Manuscript reviewer:

Journal for Specialists in Pediatric Nursing

Journal of Pediatric Healthcare

Journal for Pediatric Nursing

Journal of Obesity & Clinical Practice

Journal of School Health

Californian Journal of Health Promotion

Clinical Nursing Studies

Southern California Association, Clinical Nurse Specialists (2006-present)

Orange County Nurse Scientists (2008-2012- group dissolved)

Western Institute of Nursing (WIN): Reviewer/ New reviewer mentor, (2013)

Conference monitor, (2012, 2013)

Community Service/Practice

Vaccinator Nurse (Covid-19)

Providence/Mission Hospital (January, 2021)

Vaccinator Nurse (Covid-19)	Orange County Healthcare Agency/ SOKA University POD (February, March, April, May, 2021)
Advisory Board Member	WeROCK, 501c (We Run Our Community's Kids), Mission Viejo, CA (2010-present)
Advisory Board Member	CTE Program Committee Saddleback College (2017-present)
Parish Nurse	St. Timothy's Catholic Community, Laguna Niguel, CA (2001-present)
Advisory Board Member	Alumni Association University of San Diego, School of Nursing, San Diego, CA
Level III Hearing Panel:	Complaints/disputes Capistrano Unified School District, San Juan Capistrano, CA (2001-2010)
City of Laguna Niguel	Public Safety Committee (Vice Chair) (1999-2005); (2012-2015)
City of Laguna Niguel Mayor's Task Force:	Drug Education Summit, (October, 2013)
City of Laguna Niguel Senior Center	Presentation: "Monitor your Medicine Cabinet" (September, 2013)

HONORS/AWARDS

Assigned Time for Exceptional Levels of Service to Students: *Faculty Mentor/University Athletics (2021-2022)*

California State University, Fullerton: *Sabbatical (fall, 2020-spring, 2021)*

California State University, Fullerton. Nominated for *2020 Titan Excellence Award*

California State University, Fullerton: *Academic Affairs Faculty Recognition: Scholarly & Creative Activities, (2016)*

University Awards: University Teamwork and Collaboration Award: *Research Compliance Team*. Nominated not awarded (2018).

School of Nursing, Faculty-Student Pinning Ceremony (Ramaa Bhimsen), 2021

California State University, Fullerton: *Academic Affairs Faculty Recognition: Service: Recognition of Extraordinary and Sustained Service*, (March, 2015)

Faculty Marshall, CSUF College of Health and Human Development, School of Nursing, Commencement, (May, 2012)

The Daisy Award for Extraordinary Nursing Faculty, California State University Fullerton, School of Nursing, (August, 2011)

California State University, Fullerton: *Academic Affairs Teacher Scholar Recognition: Exceptional Teaching Effectiveness*, (March, 2011)

The Carol Barnes Excellence in Teaching Award, (Nominated) California State University Fullerton, (2010)

Poster Award for “*New Researcher*” (\$50.00) Western Institute of Nursing Conference, (2008)

Irene Sabelberg Palmer Scholarship Award (\$5,608), University of San Diego, (2007)

Dean’s Scholar Award, (\$5,000), University of San Diego, (2006)

Neree Proprata Scholarship, (\$1,000), California Association of Colleges of Nursing, (2006)

California State University, *Chancellor’s Doctoral Incentive Forgivable Loan Program*, (2005)

American College of Physician Executives: *Innovation in Medical Management*, (1995)

Manager-of-the-Year, Community Psychiatric Centers, Laguna Hills Hospital, (1989)