

ZENAIDA K. CO

OBJECTIVE

With my knowledge, experience and skills, I like to make a difference in people's lives.

CAREER HISTORY

CALIFORNIA STATE UNIVERSITY OF FULLERTON, Fullerton **2015-present**

Part time Faculty/ Clinical Instructor

- Provide dates for the beginning and end of the semester with a list of holidays or vacations to which the student is entitled.
- Initiate contact and maintain communication with the clinical liaison to clarify role, student objectives, and other issues.
- Post clinical objectives per facility protocol.
- Act as a resource to facilitate and monitor the student in meeting course objectives.
- Conduct evaluation conferences evaluating the student according to behavioral objectives and outcomes, with input from liaison and student, at mid-semester and at the end of the semester.
- Lead course seminar conferences during the semester

Mt. San Antonio Community College, Walnut **2015-present**

Part time Clinical Teaching Assistant

- Assist the program faculty with the supervision of students during clinical learning experiences.
- Function in the role of clinical supervisor and is responsible for supervision of students' skills performance, student evaluation, and other aspects of student learning in the clinical setting.

ST. JUDE MEDICAL CENTER, Fullerton **1999-present**

Clinical Nurse III, Critical Care Unit

- Provide careful assessment and monitoring of patients' progress to watch out for subtle or sudden changes in medical condition, which may need emergency intervention.
- Manage respiratory, heart monitoring and treatment adjustments, medications, anesthesia and ventilator support for unstable patients.
- Provide regular updates to patients and family members to make informed decision in the treatment of the patients.
- Collaborate with the interdisciplinary team in the management of the critically ill patients
- Provide care to hemodynamically unstable and mechanically ventilated patients
- Manage patients with pulmonary artery catheter & arterial lines and titrated drugs based on hemodynamic values
- Receive and manage immediate post open heart surgery patients

Relief coordinator for Critical Care Unit

- Directing the admission, discharge and general flow of patients.
- Assigns nurses and support staff in the care of patients.
- Responds to emergencies, notifying family members when patients are admitted or transferred within the hospital.

Chairperson of the Ventilator-Associated Pneumonia (VAP) Committee

- Facilitate and preside VAP meetings every second Tuesday of the month.
- Determine the agenda of the meeting at hand, encourage discussion and participation from all members and relay pertinent information regarding current events within or pertaining to the unit.
- Point issue discussions and debates toward a consensus stance, upon which the majority of the committee agrees, and which can therefore be acted upon for the committee.
- Review failure rates and discuss measures for improvements.
- Updates standard protocol and ensure application of evidence-based practice.

ALHAMBRA HOSPITAL MEDICAL CENTER, Alhambra

1994-2013

Staff nurse, per diem, telemetry unit

- Monitors patients on telemetry monitors.
- Maintains patient's oxygen levels and blood pressure, and take the appropriate actions when problems arise.
- Gives out medications and treats any symptoms that appear.

SIERRA VIEW CONVALESCENT HOSPITAL, Baldwin Park

1995-1997

Assistant Director of Nursing

- Responsible for ensuring all shifts are adequately staffed.
- Worked with the director to identify and resolve departmental deficiencies with implemented correction plans.
- Identify and address any quality-assurance auditing issues.

Director of Staff Developer

- Oversees and directs the training and development of employees
- Finds and procures resources externally for the staff development needs.
- Works with educational facilities, training providers and other external vendors to provide additional training required for the employees.
- Ensures that licenses of employees are current and updated

ELMCREST CARE CENTER, El Monte**1994-1995**

Staff nurse

- Pass medications for 82-bed capacity nursing home
- Charting for updates
- Carry out doctor's orders

ALDERWOOD MANOR, San Gabriel**1992-1994**

Staff nurse

- Pass medications for 82-bed capacity nursing home
- Facilitate care and safety of residents
- Report to charge nurse any problems

EDUCATION/LICENSE

- Master of Science in Nursing - Leadership, California State University, Fullerton, CA
- Registered Nurse, California license
- Bachelor of Science in Nursing, Far Eastern University, Philippines 1982

PROFESSIONAL CERTIFICATIONS

- CCRN (National Certification for Critical Care Nurses thru AACN)
- CMC (National Certification for Critical Care Nurses thru AACN)

- CSC(National Certification for Critical Care Nurses thru AACN)
- Basic Cardiac Life Support
- Advanced Cardiac Life Support
- Pediatric Advanced Life Support
- Director of Staff Developer
- Critical Care Preceptor
- Professional Advancement to Clinical III

SPECIALIZED TRAINING

- Open Heart Trained
- Intra-Aortic Balloon Pump Certified
- Certified in Continuous Renal Replacement Therapy(CRRT/CVVHD)

PROFESSIONAL AFFILIATIONS

- American Association of Critical Care Nurses (AACN)
 - Greater Long Beach Orange County (GLBOC) – AACN local chapter
- Sigma Theta Tau International (STTI) Nursing Honor Society

AWARDS/HONORS

- Poster presenter on Evidence-based practice of using visual board in VAP prevention
Held in National Teaching Institute & Critical Care Exposition, Orlando Florida
May 19-24, 2012
- SJMC Sister Jane Francis Scholarship Awards 2013
- SJMC Joy Jones Awards 2013
- First place Poster presenter on Evidence-based Nurse Directed Sedation Protocol held in
19th Annual Nursing Odyssey Conference, Ontario, California November 13-14, 2014